

Dane Line

REIMAGINED

MARCH
2022



Published by the Great Dane Club of New England

President - Marcia Roddy
Vice President - Sue Davis Shaw
Recording Secretary - Kim Thurler
Corresponding Secretary - Tiffany Cross
Treasurer - Sharon Boldeia
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NOTE FROM SUE

Hi Members,

I'm going to continue doing this informational note in *Daneline Reimagined*. Congratulations to Marcia on her presidency and thank you to everyone who has contributed to this issue.

Do please get your judge choices to either me, Pat Ciampa, Judi Arsenault, or Laurie Maulucci on an on-going basis. We will keep a list of your choices to refer to when we need judges.

We welcome the recipe section in this *Daneline Reimagined* and I can't wait to see what everyone submits.

Kim has been able to put all of the *Danelines Reimagined* on the website. There is so much good information in them and it will be very helpful to be able to have them archived.

Happy Spring, everyone! I hope we can get together soon.

Best wishes,

Sue Davis Shaw

Vice President

BRAGS

ILAH

MBISS GCH COSMIC NOBONZ I'LL LEAVE YOU STARRY EYE'D, AOM

Sire: MBIS MRBIS MBISS BIF GCHP MJM's Talk Of The Town, GDCA/AOM

Dam: MBISS GCHB Cosmic JV NoBonz Stealing The Starlight, GDCA/AOM

Bred and Owned by Tami Bradford and Karen Pacino

Co owned by Wally Bradford and Allison Gallant

Group Two South Windsor Kennel Club—11/27/2021

Judge: Mr. Robert Hutton



BRAGS

ILAH

MBISS GCH Cosmic NoBonz I'll Leave You Starry Eye'd, AOM



Sire: MBIS MRBIS MBISS BIF GCHP MJM's Talk Of The Town, GDCA/AOM

Dam: MBISS GCHB Cosmic JV NoBonz Stealing The Starlight, GDCA/AOM

Bred and Owned by Tami Bradford and Karen Pacino

Co owned by Wally Bradford and Allison Gallant

Best in Specialty Show—Great Dane Club of New England - 11/27/2021

Judge Mrs. Judith Brown

BRAGS

MBIS MRBIS MBISS GCHS COSMIC NOBONZ NEW KID IN TOWN, AOM

Sire: MBIS RBIS MBISS BIF GCHP MJM's Talk Of The Town, GDCA/AOM

Dam: MBISS GCHB Cosmic JV NoBonz Stealing The Starlight, GDCA/AOM

Owned by: Art and Leslie Solnick

Bred and Co Owned by: Tami Bradford and Karen Pacino

Presented by Lorrie Moreira

BEST IN SHOW

Saturday 1/8/2022

RESERVE BEST IN SHOW

**Sunday 1/9/2022
Merrimack Valley KC**

**Judge Mr. Sidney Marx - BIS
Judge Mr. Joe C. Walton - RBIS**



BRAGS

****NEW CHAMPION****

SEREN - CH DAPPER COSMIC NOBONZ STARLIGHT SERENATA



Finishing with 4 Specialty majors and 2 singles.

Photo is at the Great Dane Club Of Oxford Specialty winning her 3 Back to Back to Back Majors

Judges: Mr. Jason Hoke. Mr. Rick Blanchard, Ms. Nicole Bartlett

Sire: MAX - BIS MBISS GCHS Cosmic NoBonz New Kid In Town, AOM

Dam: BISS GCH CH Cupar's You Crossed The Line

Owned by Tami & Walter Bradford, Karen Pacino, and Allison Gallant

Bred by Ashley Coomes

BRAGS

****BEST IN SHOW #2****

MAX - MBIS RBIS MBISS GCHS Cosmic NoBonz New Kid In Town, AOM



Photo is at the Merrimack Valley KC, BIS Judge Mr. Sidney Marx

Owned by Art and Leslie Solnick

Bred and co owned by Tami Bradford and Karen Pacino

Handled by Lorrie Moreira

BRAGS

CH EDEN FOREST N JERDAN'S LET FATE DECIDE (SEVEN)



Best of Breed / Best of Breed Owner Handled
Charleston Kennel Club - Ms. Paula Nykiel

BISS GCHB ArborHills Hunk A Burning Love, CHIC (Elvis) x
OHRBIS GCHB Jerdan's Magnolia of Eden Forest (Maggie)

Bred by Gene Perry, Jose E Ribo Chris MacMartin
Owned by Sue Blaue

BRAGS

NOR'EAST'S BLACK PANTHER - T'CHALLA



Over the moon about T'Challa's recent 5 point major under breeder Judge Lourdes Carvajal at the Great Dane Club of Pennsylvania Specialty. At just a year old he is growing up to be more than I could have wished for.

Ch. Rain Master's Make My World Go Black x GCHB Ch. Longo Miller N Lore's Queen Bee V Nor'East

Bred and Owned by Dianne Powers

BRAGS

CH OLD MISSIONS'S LEMAIRE'S KNOW WHEN TO HOLD 'EM, AOM
MBOISS GCH BRIARWOOD'S MY WAY V MY-JON, AOM X OHBIS CH OLD MISSION'S SCARBOROUGH FAIR, CGC



Many thanks to judge Dr Albert P. Bianchi
for awarding Cash Best of Breed in Brooksville, FL
amongst an impressive lineup of specials.



Pics By Kris
PHOTOGRAPHY

AD BY FALL HOLLOW DESIGN

OWNED BY: JAYME LEMAIRE, CAROL URICK & ROBERT E. LAYNE
BRED BY: STEPHANIE BLADES
HANDLED BY: PAUL LEVESQUE AND DARLENE BERGAN

BRAGS

STERLING N CEDARHILL CRANMOOR WISHING ON A STAR - "BUDDY"



Buddy had a very good weekend at Great Barrington Kennel Club dog show

**Bred by Sterling Moffat
Owned by Naida Parker and Ellie Berger**

**Saturday-Judge Roland Pelland
Winners Dog/Best of Winners
Sunday-Judge Robin MacFarlane
Winners Dog**

BRAGS

STERLING'S OBSIDIAN ROSETTE DELIZY OA OAJ ACT 1 TKN CGC



Rosette pictured winning open agility titles in jumpers and standard agility

**GCH Dewitt's Court Sterling Mathematician x GCH Sterling's Dwt Black Calla Lily v
Darkhorse CGC**

Bred and Owned by Sterling Moffat

BRAGS

**MULTIPLE GROUP PLACING, MULTIPLE HIGH IN TRIAL
CAN GCH STERLING'S DAYBREAK ON PHAEDRA'S VALE V
BGDAWGS DJ ACT2 VDX ADC SGDC RA CD NAP**



Phaedra went to the Great Dane Club of Pennsylvania specialty show and went HIT at both of their obedience trials

Bred by Sterling Moffat—co-owned by Sterling Moffat and Jaclyn Watts
GCH BGDAWG's Midwinter Cobalt Moon x Sterling's Blue Larkspur v. Wysiwyg
Owned by Sterling Moffat and Jaclyn Watts
Bred by Sterling Moffat

BRAGS

HAPPY BIRTHDAY, SAMI!

Happy 12th Birthday to our sweet Sami

**CH Davisdane's Rubber Ducky You're The One, CD, RI, BM, CGCA, TKN, GDCA Versatility/
Venerable Great Dane.**



Sami achieved her Trick Dog title at 11 and her Rally Intermediate title with a national ranking at the age of 11-1/2

CH TWIN OAK'S CHIEF OF STAFF, CD X

**CH DAVIDSDANE'S DARE TO BE A DUCK, CD, RN, BN, CGCA, GDCA Hall of Fame/Versatility/
Venerable Great Dane, OFA Champion of Health 2014**

Breeder/Owner Sue Davis Shaw

BRAGS

HAPPY BIRTHDAY, SAMI!

Happy 12th Birthday to our sweet Sami

CH Davisdane's Rubber Ducky You're The One, CD, RI, BM, CGCA, TKN, GDCA Versatility/
Venerable Great Dane

Bred & Owned by Susan Shaw Davis



Sami—Intermediate



Sami—Veteran Class



Sami

High in Trial

BRAGS

Riddick

OHBISS GCH Daviddane's N Balor The Chronicles of Riddick AOM RN CGC TKN BCAT



At the Great Dane Club of Oxford Specialty Show Izzy Eaton and Riddick were awarded Best In Junior Showmanship Under Judge Mr. Ronald Pock

At the GDC of Oxford Specialty Argus finished his Championship—also under Judge Mr. Ronald Pock

(see next page for details)



BRAGS
“NEW CHAMPION”

CH Daviddane's Acadia N Balor My Argus Moon
“Argus”



At the Great Dane Club Of Oxford, Argus received his AKC Championship finishing with a 3point Major going Winners Dog and Best Of Winners under Judge Mr Ronald Pock

Breeders: Susan Shaw and Sharon Randall

Owners: Rachel Wilson and Sharon Randall

Owner - Handled by Rachel Wilson

Sire: OHBISS GCH Daviddane's N Balor The Chronicles of Ridduck AOM RN CGC TKN BCAT

Dam: Daviddane Acadia Winter Storm



AMERICAN
KENNEL CLUBSM

Changes to Rules Applying to Dog Shows

At their December 2021 meeting the AKC Delegates approved modifications to several sections of Chapter 3 (Dog Show Classifications) of the AKC Rules Applying to Dog Shows. All proposals were recommended by the Delegate Dog Show Rules Committee and approved by the AKC Board of Directors. Following is an overview of each revision and the modified rule text for each with new verbiage underlined. **All changes are effective for all Conformation events held on or after March 29, 2022.** Inserts for each affected section have been added to the AKC Rules Applying to Dog Shows available on the AKC website.

Chapter 3 (Dog Show Classifications), Section 8 was modified to allow clubs **at their option** to divide the Bred-by-Exhibitor Class by age; Puppy, for dogs that are six months of age but under twelve months, and Adult, for dogs that are twelve months of age and older. The current **Section 8** was replaced with the following:

- The Bred-by-Exhibitor Class shall be for dogs that are:
- Six months of age or older as of the first day of the show;
- Not Champions on the date of closing of entries for the show;
- Individually registered with The American Kennel Club as of the date of the show;
- Owned or co-owned by any of the breeders of record as of the date of the show.

Clubs may further divide the Bred-by-Exhibitor class into two age groups consisting of Puppy, for dogs that are six months of age but under twelve months, and Adult, for dogs that are twelve months of age and older.

The person handling the dog in this class must be a breeder of record and an owner of record of this dog.

In any subsequent classes for which a dog from the Bred-by-Exhibitor class or divisions of it become eligible, there are no restrictions as to who may handle.

As a result of this change, entries competing in any division of the Bred-by-Exhibitor (BBE) Class awarded winners will be

counted toward the BBE medallion as it advanced from the BBE class as required. In addition, the Puppy division of the Bred-by-Exhibitor class will be added to the list of classes in which points toward the Puppy of Achievement Certificate may be earned.

Chapter 3 (Dog Show Classifications), Section 2 was modified to insert verbiage from Chapter 3 Sections 4 & 5 pertaining to how age is calculated for the purpose of entry into an AKC event. This language was added as the determination of age for entry relates to all classes and not just the Puppy and 12-18 Months classes, and the insertion into **Section 2** applies it globally to all classes. The impacted segments of the current **Section 2** were replaced with the following: No class shall be provided for any dog under six months of age except at sanction events when approved by the American Kennel Club.

For all classes, the age of a dog shall be calculated up to and inclusive of the first day of a show. For example, a dog whelped on January 1st is six months of age on July 1st of the same year, 12 months of age on January 1st and 19 months of age on July 1st of the following year. In a single show with multiple days of judging, the first day of a show is considered to be the first day on which there is regular conformation judging in accordance with Section 3 of this chapter. (Sweepstakes and Futurities are not considered regular conformation classes).

Chapter 3 (Dog Show Classifications), Section 4 was modified to remove the language pertaining to the calculation of age inserted into **Section 2** eliminating redundancy. The current **Section 4** was replaced with the following: The Puppy Class shall be for dogs that are six months of age and over, but under twelve months, that are not champions. Clubs may further divide the puppy class into two age groups consisting of six months of age and under nine months, and nine months of age and under twelve months.

Chapter 3 (Dog show classifications), Section 6 was modified to remove the language pertaining to the calculation of age inserted into **Section 2** eliminating redundancy. The current **Section 6** was replaced with the following:

The Twelve –to-Eighteen Month Class shall be for dogs that are twelve months of age and over, but under eighteen months, that are not champions. Clubs may further divide the Twelve-to-Eighteen Month Class into two age groups consisting of twelve months of age but under fifteen months, and fifteen months of age but under eighteen months.

Chapter 3 (Dog Show Classifications), Section 11 was modified for consistency and clarity,. Language was inserted to clearly define that first-place undefeated dogs of the same sex from the classes defined by the rules and all division of them (age, color,

markings, etc.) are eligible to compete in the Winners Class. Language was also inserted to clarify that the only required classes to be offered at AKC Conformation dog shows are the American Bred and Open classes, and all others are at the option of the club. The current **Section 11** was replaced with the following: The Winners Class shall be divided by sex and each division shall be open only to undefeated dogs of the same sex which have won first prizes in the following classes and all division of: Puppy, Twelve to Eighteen Month, Novice, Amateur-Owner-Handler, Bred-by-Exhibitor, American Bred or Open Classes. There shall be no entry fee for competition in the Winners Class.

After the Winners prize has been awarded in one of the sex divisions, the second prize winning dog, if undefeated except by the dog awarded Winners, shall compete with the other eligible dogs for Reserve Winners. No eligible dog may be withheld from competition.

Winners Class shall be allowed only at shows where American-bred and Open Classes shall be offered. All other regular classes are at the option of the Club. A member club holding a show with restricted entries may include Winners Classes, provided the necessary regular classes are included in the classification.



HOMEMADE FLEA PREVENTION (WORKS FOR TICKS TOO) BY DIANNE POWERS

I have not tried this yet...will do so this spring. There are several uses for Brewer's yeast for dogs. It is a source of B Vitamins such as biotin, trace minerals such as zinc, proteins and amino acids. The amino acids can make a dog's skin healthier and its coat shinier. It is often recommended by holistic vets to help strengthen dogs' immune system. It is believed to work against fleas because it contains sulfur compounds that make dogs less palatable to them. It is recommended to give ½ tsp per 10 pounds of body weight

Coconut oil
Brewers yeast

Gently heat oil over low heat until liquid. Combine roughly equal parts of brewers yeast with melted oil stirring well. You want it to be a slightly thick but pourable liquid. Pour into small silicone molds or push out ice cube trays and cool. Store in refrigerator.

Recommended daily is approximately ½ tbs each of oil/yeast. If using ice cube trays that is about 3 treats per day for a 90lb dog. There are no reported negative effects for feeding slightly more than that.

GETTING TO KNOW YOU

Lisa Brien

The year was 1977. The man that asked me to marry him was advised that, yes, I would, but that we would need to have a Great Dane. Hence he started to research and found Pat Ciampa. Just months after we were married, we came home with a beautiful mantle named Zachary and thus our lives with Danes began.

After Zach came Jetta (also from Pat) and then we met Sue Davis. After a very successful breeding with Jetta and Sue's beautiful harlequin boy, CH. Jeff, we were proud to provide Pat with an adorable little harl puppy... Paige. After a second breeding between

Jetta and Jeff, I was fortunate enough to be presented with my own beautiful harl male, Ace. He was a magnificent boy and other than my husband Mike, he was the love of my life.

I did make an attempt to bring Ace to the ring but alas, the corporate world had me traveling all over the place, and to be honest, I just wasn't very good at it, so Joel took over for me. Then came Jake (a wonderful brindle boy from Pat.)

After we lost Jake, I had my heart set on another male harl so we called Pat again to see if she knew of any. We got a call back from Pat a short time later who said, "I know you wanted a male harl but might you be interested in a little fawn brindle bitch with a few issues?" Mike asked if we could just "go see her" and



Cooper and rescue, Luna—Left Top



Dirigo Ace in the Hole



Ch. Jeff and Sue—Below

after a very short visit and a full blown body hug, we brought her home. Oh how we loved our little Rizzo. She was the sweetest girl and she taught Mojo, Cooper and Luna good puppy manners. It was not an easy thing with Luna as she was a rescue that was "scared of everything." She had a lot of problems. The poor thing was surrendered to a shelter up north and they didn't know what to do with her. They contacted local veterinarians who contacted us. She has been with us going on 5 years and has found her place in the world and she rules it!

Suffice it to say, 45 years of marriage and all with

numerous Great Danes, they are a part of our lives. They are such a special breed and have become the focal point and social media postings of many boaters coming by the house up here in the beautiful Lakes Region. Some strangers say they come by just in hopes of seeing them! They are majestic and goofy and truly a joy!

So, thanks to Pat Ciampa for starting us on our Great Dane journey so many years ago and also for the many, many phone calls and emails that helped us along the way. Your coaching and advice have always been appreciated more than you know.



Mojo and Rizzo

Rizzo



GDCA versus the GDCA Charitable Trust

GDCA Status

501(C) (7) Social Club – Unable to provide tax deductions for charitable donations

Is formed to generate publicity on any matter affecting the Welfare of the Breed

To do all in its power to protect and advance the interests of the breed

Follow the GDCA Constitution and By-Laws



GDCA Charitable Trust Status

501(C) (3) Charitable Organization – Tax deductions are given for charitable donations. Federal ID#36-4436942

The Trust is not a corporation

The Trust has been formed and is a registrant in the State of Illinois

The Charitable Trust is completely independent/autonomous from the GDCA. No more than two members may serve on both.

GDCA

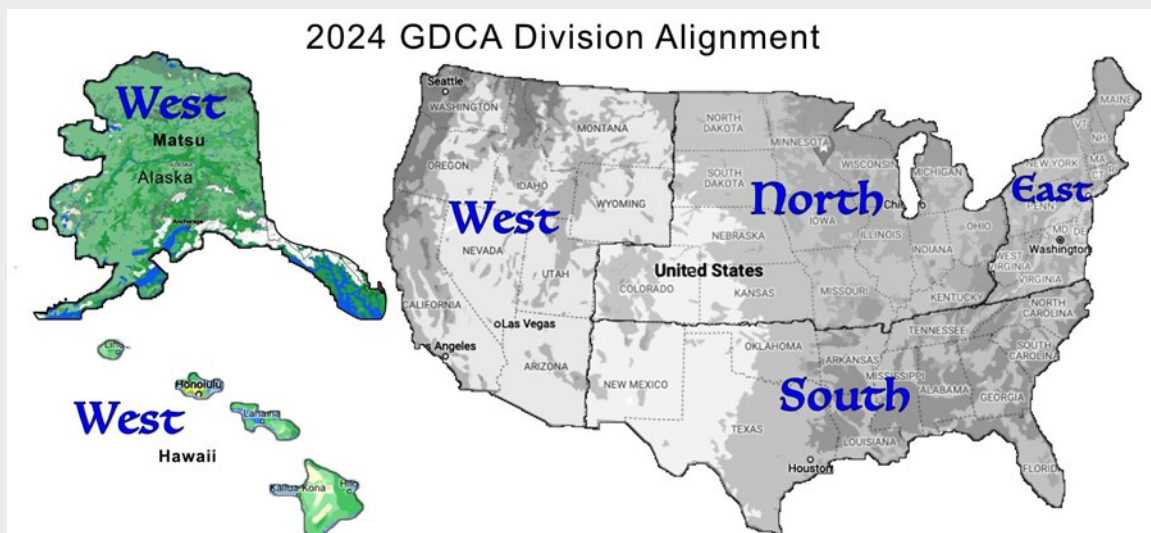
As I've reported, the GDCA board has voted to reduce the divisions from six down to four – north, south, east and west. The plus is that divisions with very few clubs and workers will be made more equitable with the other divisions. The downside to this is that the national will come our way every four years instead of six. Our division will basically stay the same and our next national will be in 2025. Upcoming Nationals are as follows:

2022 – Norman, Oklahoma

2023 – Santa Fe, New Mexico

2024 – Topeka, Kansas

2025 – Virginia Beach, Virginia



GDCA

As Sue Shaw reported, the GDCA board has voted to reduce the divisions from six down to four – north, south, east and west. The plus is that divisions with very few clubs and workers will be made more equitable with the other divisions. The downside to this is that the national will come our way every four years instead of six. Our division will basically stay the same and our next national will be in 2025. Upcoming Nationals are as follows:

2022 – Norman, OK 2023 – Santa Fe, NM 2024 – Topeka, KS

2025 – Virginia Beach, VA





CHARITABLE TRUST

The Trust has voted to continue the \$75. reimbursement for echo cardio testing for OFA through 2022. If you need information on how to apply, please let me know.

The Trust is currently helping financially with two rescue situations. The first is in Michigan where five Great Danes were seized and are being held until the abuser comes to trial. They were in poor condition when seized and their medical care is ongoing.

The second is a breeder turned hoarder in Alabama who is giving up about 40 Danes. Twenty puppies have been turned over, ranging in age from four weeks to four months. A couple of these puppies have since died. They actually need to trap these Danes because they are bordering on feral and can't be caught. They are loose on a large property. It has been estimated that it could take up to six months to get them all. None are able to be fostered at this time and it will take a lot of training and socializing to be able to re-home these Danes. The Great Dane Club of Louisiana Rescue is spearheading this rescue effort.

I mentioned at the meeting that the Trust and the GDCA have developed a tutorial on the differences between the GDCA and the Trust. I will put some excerpts in the next few *Danelines*.

Sue Davis Shaw

Membership

At the January 31st Board meeting, Jayme Lemaire was voted into membership.
Congratulations, Jayme! We are so happy to have you as part of our group!

RECIPES

DIANNE POWERS

PEANUT BUTTER BANANA COOKIES

2C Whole wheat flour
1C White flour
¼ tsp each baking powder & baking soda
1 egg
½ C creamy peanut butter
¼ C honey
2 bananas mashed

Preheat oven to 350
Combine all ingredients. Lightly flour a board with wheat flour.
Roll dough to approx. ¼ inch thick...cut out shapes. Bake on
ungreased sheets for 15 minutes, flip cookies and bake
additional 10 or 15 minutes....watch that they don't burn.



DEHYDRATED CHICKEN TREATS—DIANNE POWERS

Boil chicken breasts for 20 minutes. Drain and cool.
Cut into bite sized pieces

Place pieces in a microwave safe dish lined with paper towels to absorb the moisture and cover with additional paper towels.

Microwave on high for 2 minutes. Remove dish and press down on paper towel. Turn chicken over and replace damp towels with new ones (I usually put the top towels under the chicken for the second round). Microwave on high for 1 minute and check for moisture content. If still moist continue to microwave in 30 second increments until desired texture is achieved.

Cool on paper towel and place in a container to store in refrigerator or freezer till ready to use.

SUE'S DOG COOKIES—SUSAN DAVIS SHAW

I'm often asked for my recipe for dog cookies/bait that I use. My recipe depends on what I have on hand and varies from batch to batch. I like to use a container of chicken livers from the grocery store. I grind them in my magic bullet and add an egg, some long-cooking oatmeal, cheerios if I have them, flour, garlic powder, salt. I don't measure anything. Sometimes I throw in some kibble. For variety I sometimes grind up beef liver instead of the chicken livers.

I vary the recipe further by substituting a can of wild salmon or peanut butter for the liver.

I spread it on a cookie sheet lined with parchment paper and bake at 325 for 30 minutes. When cool I cut it into small squares.

Fat/Satin Balls Recipes

Susan Davis Shaw

GREAT DANES over 16 months old that are not experiencing any growth issues (Pano or HOD)

Make them into golf ball size. Give only 3 to start. They are rich and you want to see how they handle it.

Satin Balls Recipes

This is a great way to add weight to skinny Danes. We use these recipes to keep our Danes in great shape for the show ring.

Satin Balls are not used as treats but as a stand alone or dietary supplement. They can be fed with kibble. They are fed Raw.

This is the recipe I used for my dogs~ You can take out or substitute some items if your dog can't handle certain foods. Instead of heavy cream try yogurt. You can also add in organic coconut oil and or raw honey.

5-10 lbs raw ground beef -- (20% fat)
Large heavy cream
1 dozen eggs (Raw, don't cook)
1 small box TOTAL cereal (crush Total into small crumbs)
1 jar wheat germ
1 jar all natural peanut butter
1 large box oatmeal
1 1/4 cup vegetable oil
4+ envelopes of unflavored gelatin
Garlic Herb Powder
MSM powder.

I put all the ingredients into a large party tub or turkey cooking pan and mix well with my hands.

I divide it up, put it in large Zip Loc bags and put what I don't use in a few days in the freezer.

I roll into little balls right before feeding it and toss it in his mouth or mix it with kibble.

Myra's Puppy Formula Recipe

Susan Davis Shaw

Can be used at any age from premature newborn to elderly adult. Best formula for your puppies and well worth the extra time it takes to prepare it.

Boil one large piece of liver in one cup of water. Strain the liquid and put aside. Discard liver or feed to mom. (You can substitute another type of beef of any kind (not fatty ground beef) but liver is best. You are after the amino acids in the beef.)

10 oz can of condensed goat's milk (can substitute with evaporated, condensed cow's milk but do not dilute either goats or cows) You can find this where you get other canned milks. (I use fresh Goat's milk when I can find it)

1/3 cup of strained liver water (you can substitute with freshly made beef broth)

2 raw egg yolks

1 Tablespoon mayonnaise or canola oil, your choice
1 cup whole fat yogurt, best quality and freshest possible

1 tsp Karo syrup any color

1 dropper of baby vitamins (any drug store) Check for Xylitol!!! Xylitol kills dogs

This can be used as is for tube feeding or bottle feeding and can be used from birth (including VERY premature puppies) to old age on any dog. You can start them on this formula from birth and you don't need to dilute it. It contains 10-12 calories per cc Freeze in ice cube trays and the cubes can be stored in a plastic freezer bag for six months. When you are ready for a feeding, simply thaw the cubes as needed. This formula will prevent the formation of juvenile cataracts that were associated with homemade formulas because of the addition of the beef juice which contains the important amino acid, Taurine. It prevents diarrhea because of the yogurt and prevents constipation because of the Karo. It will stay fresh refrigerated for 7 days, and can be kept frozen for six months. Remember that you are after

the calories, so choose the highest fat content that you can and don't dilute the canned milk. You will love it. Puppies thrive on it, and will grow as quickly as litter mates.

Once the puppy will take a bottle, you can continue to feed this formula but you'll need to strain it through a fine clean cloth like a handkerchief or something like that because it sometimes plugs the tiny holes in the nipple. I suspect it's the yogurt or the little sack that contains the yolk of the egg. For tubing it isn't a problem and won't need straining.



4-INGREDIENT DOG BISCUITS!

SUSAN DAVIS SHAW

Ingredients

- 1 small overripe banana
- 1/2 Cup peanut butter
- 1/3 Cup chicken stock OR beef stock for beef flavor
- 1 Cup wheat flour
- 1/2 cup of powdered brewers yeast (optional) (for flea treatment)

Instructions

1. Preheat your oven to 350° and line a baking sheet with parchment paper
 2. In a large mixing bowl, mash your banana
 3. Now add peanut butter, beef broth, and a 1/3 cup of flour at a time until well mixed
 4. Use a spatula to take all your dough out of your bowl and form into a large dough ball with your hands
 5. Roll your dough out with a rolling pin and use a bone cookie cutter to cut out your bone shaped dough, press your fork in the middle of the bones
 6. Bake your bone dog biscuits on your parchment paper lined baking sheet for about 16-18 minutes, depending on how thick your dough is
- Let cool and give one to your happy pup!



YOUR DOG IS IN THE STARS:

PET PERSONALITIES AND ASTROLOGY

RITA HOGAN

December 30, 2021 Have you ever wondered whether astrology affects your dog's personality? (Yes, there is such a thing as dog astrology.)

I always wonder why my two pugs are so different despite growing up in the same environment. Francis is attentive, affectionate and mischievous. Finnbar is your typical curmudgeon: serious, hates change, and only wants affection on his terms.

Finding out the why of your dog's personality might seem complicated ... but it may be as simple as looking to the stars.

Astrology And Your Dog

Chances are you've heard of horoscopes. They're predictions of what your future holds based on the cosmos at a particular time. But astrology is more than horoscopes. Within the charted stars, you can find insights about yourself as well as your dog.

In astrology, dogs fall under one of 12 zodiac signs. The sign that your dog was born under impacts the way he interacts with the world. Each sign also has its own set of strengths, weaknesses, personality traits and attitudes.

Here's a brief breakdown of each zodiac sign and what it can tell you about your dog's personality.

Aries (March 21 – April 20)

Ruled by the planet Mars, the sign of Aries is the Ram. Mars is "the bright and burning one" ruled by passion and drive. Aries is a fire sign, which makes the Aries dog confident and strong.

Taking no for an answer is not in their

mindset. When an Aries dog does not come when they're called, don't take it personally. As a fire sign, the Aries dog is extremely smart and playful. They want to be the center of your world and your possessions.

Naturally inquisitive and self-assured, the Aries dog can find themselves getting into accidents. And you may find yourself at the vet more than you would like.

Taurus (April 21 – May 20)

Ruled by Venus, the sign of Taurus is the Bull. Venus is the planet of love, beauty, and gentleness. Taurus is an earth sign and creates a lot of will power. The Taurus dog wants to have their cake and eat it too.

When they want to do something, then that is the way it is going to be. Taurus dogs are inherently shy and need to feel safe. They love affection but only when they're in the mood.

The Taurus dog needs a balanced and peaceful environment. Loud noises and chaos will get them stressed and upset. My pug Finnbar is a Taurus; he is afraid of thunderstorms and other loud noises like hammers. He is also the most obstinate dog I have ever had.

Gemini (May 21 – June 20)

The sign of Gemini is the Twins and they're ruled by the planet Mercury. Mercury is the planet of intelligence. Gemini is an air sign with an earthen spirit. Dogs with their sun signs in Gemini are both passive and aggressive, positive and negative, outgoing and reserved.

Gemini dogs aren't into "ownership". Guardian is the way of the Gemini and these dogs weave their spirit in the world rarely bonding with one person.

The Gemini is a quick learner, loves exercise, has a quick wit and is affectionate. But they can also be nervous, indecisive in their eating habits,

and prone to separation anxiety due to their need to be with others.

Cancer (June 21 – July 20)

Ruled by the moon, the sign of Cancer is the Crab. The moon is emotional, sensitive and nurturing. Cancer is a water sign, which is fluid and moving.

In astrology, dogs born under this sign are loving and sweet-natured. Even though they love being around you, most Cancers need continuous reassurance.

New places and people can make them disengage and become ill-tempered. Cancer dogs love to nurture other animals and make good companions for other dogs. They're controlled by their appetites and can quickly gain weight. Free feeding should not be on the Cancer dog's menu.

Leo (July 21 – August 20)

The sign of Leo is the Lion ruled by the Sun. The sun is warming, noble, and generous. Leo is a fire sign with energy to burn. Leos love the outdoors and everything that comes with it. They also enjoy barking.

It doesn't matter if a Leo dog is with you or at the dog park, he or she loves to be the center of attention. A huge positive of having a dog with their sign in Leo is that they're the most loyal dogs in the zodiac.

Virgo (August 21 – September 20)

Ruled by Mercury, the sign of Virgo is the virgin. Mercury is the planet of intellect. When Virgo and Mercury combine, they create the calmest dog in the astrological line up. The Virgo dog is a champion of stressful conditions.

Like the Taurus, they love a routine and don't do well with change. Virgos like to talk and follow you from one place to the next. This behavior makes them a great dog for people who enjoy the outdoors and love to travel.

Libra (September 21 – October 20)

The sign of Libra is the Scales ruled by the planet Venus. Venus makes Libra dogs indecisive and a little ADD. They're difficult to train due to their inability to pay attention for long periods of time.

In astrology, dogs born under this sign are loving and pleasant but need gentle discipline to feel secure. If you want a dog that will just go with the flow and deal with complete chaos, a Libra dog is not for you.

Structure is a must. Libras also have irregular eating habits. They tend to eat only when they want to.

Scorpio (October 21 – November 20)

Ruled by Pluto, the sign of Scorpio is the Scorpion. Scorpio is a water sign and highly emotional. The Scorpio dog is robust and strong willed. They usually get what they want and are very influential over other dogs and people.

Scorpios need daily exercise to help relieve stress and crave structure. Without structure, the Scorpio dog will take advantage of everyone and everything he or she comes in contact with. These dogs are extremely intuitive and never forget when they're wronged.

A Scorpio dog is a friend of solitude but also enjoys good company, especially yours. They love to be fawned over and groomed.

Sagittarius (November 21 – December 20)

Ruled by the planet Jupiter, the sign of Sagittarius is the Archer. Sagittarius is a fire sign that loves a challenge. The glass is

always half full for a dog with their sign in Sagittarius. These dogs are happy, outgoing and kind.

You have to watch your Sagittarius dog around others because they have a tendency to get picked on. They love to get physical affection and feel they are your one true love.

Loyalty is a Sagittarius's specialty, making them want to be with you at all times. If you're not careful, this trait can turn into separation anxiety. Sagittarius dogs crave companionship and love to have another dog or animal in the house.

Capricorn (December 21 – January 20)

Ruled by the planet Saturn, the sign of Capricorn is the Goat. Saturn is an earth sign and one of the most grounded signs of the Zodiac.

According to astrology, Capricorn dogs clean, refined, and intense with a mind of their own. They love to run around and exercise. Capricorns don't sleep as much as other dogs and suffer from anxiety in stressful situations.

Capricorns don't always make the best companions for other animals. If they're forced into getting step-siblings, they may take time to get used to them.

Aquarius (January 21 – February 20)

Ruled by the planet Uranus, the sign of Aquarius is the Water Bearer. Aquarius is an air sign and happens to be the most intelligent and intuitive sign in the zodiac.

Aquarians are unpredictable and can go from zero to sixty in about two seconds.

These dogs are also difficult at times in that they like to do what they want to do when they want to do it. What makes us adore them is that they are extremely loving and love others.

The Aquarian dog is perfect if you want them to be a companion to another dog, cat or chicken! They will be game to whomever you pair them up with.

But Aquarians also need their space and alone time to plot and plan their next amazing surprise. Just when you least expect it they'll dazzle you.

Pisces (February 20 – March 20)

Ruled by Jupiter, the sign of Pisces is the Fish.. Pisces is a water sign and mixed with the air of Jupiter, you get a dog with a magical sensitivity.

In astrology, dogs born under the sign of Pisces are inherently sweet. They also need a peaceful atmosphere to flourish because they get stressed easily. Like Leos, these dogs sometimes get bullied because of their non-aggressive nature.

Pisces dogs are very independent dogs. They do what they want without attracting the attention of others. What does this mean for you? Don't let yourself get fooled. They have you well trained.

I hope these sun sign astrological descriptions can give you some insight into your dog's personality. I encourage you to explore astrology and dig deeper into this fun way of looking at the stars. I don't have a clue of when my rescue pug Francis was born. By the description, I think she might be a Leo.



GDCNE'S JUDGES

A CONVERSATION WITH

BETTY LEWIS

Did you come from a dog family? If not, how were you introduced to the sport?

No, I didn't come from a dog family, as we use the term in the sport. However, as a child, we had first a Cocker Spaniel, and then a series of Dachshunds, all of whom were purebred, though not show quality.

After Bill & I got married, we went looking for a dog. Since I was raised with purebreds, I knew we wanted a purebred dog, so we went to several dog shows to look for breeders.

Earlier in his life, Bill had been impressed with a Great Dane he had seen in a bar, and with that "vast" amount of knowledge, we went looking for a Great Dane puppy. Fortunately, Bill was stationed at Wright-Patterson AFB in Dayton, OH, at the time, and Bob &

Joyce Ecker (Devrok) lived there, too. We met them at several shows, and they took us under their wings, taught us about dog showing, and we contracted for a puppy.

Who were your mentors in the breed when you began?

Our first Dane was Devrok's Quo Titan Sabak, CD sired by Ch. Jumpin' Ken of Marydane. The Eckers were our first mentors, of course, but within a few months of Sabak joining our family, Bill was re-assigned to Andrews AFB in Maryland. We couldn't find a house right away, so Sabak and I went back to South Salem, NY, to live temporarily with Bill's parents. By then, Sabak's ears needed to be re-taped, so I contacted Mary & Gerry Johnston (Marydane) who were the breeders of Sabak's sire. They lived only 20 minutes



GDC Arizona 1999



Great Dane Club of Raritan Valley 2005

away, & they became our second mentors.

Later, living in Maryland, we met BJ & Paul White (Cedardane) and BJ became my most cherished mentor.

What went into making up the Kennel Name you breed under as a breeder/owner?

Growing up, I worked as a lifeguard at the Waccabuc Country Club Beach in the neighboring hamlet of Waccabuc, NY. Bill & I got married at the chapel there as well, so we adopted Waccabuc as our kennel name.

What was your most cherished win?

All of my dogs were finished owner-handled, but it was a long slog to get good enough to compete with the pros. Probably my most cherished win was the first dog I finished. That was ChWaccabuc's Christmas

Pardy. Wins from the Veteran's Class are equally fondly remembered.

In what area do you think the Great Dane has improved the most?

When I began showing in the 1970s, Danes had a lot of structural issues to address: head type, angulation, and topline, were very inconsistent. Even color needed work. All of these issues have had vast improvement in the intervening 50 years.

What are the biggest problems you see in the breed today?

In my opinion, front angulation, and full dentition still need improving.

Do you think the pure-bred dog is better today than it was 20 years ago, and if so why?

The purebred dog? That encompasses over 150 breeds, and I can't speak to that. But, I can speak

about Great Danes and Whippets, and I think the answer is yes, both breeds are better (IMO) & more consistent.

I don't know why this is, but to hazard a guess, I would say that maybe communication, by way of technology, first breed magazines with pictures, and now, the internet, has made people more aware of where the best breeding choices for their dogs are located.

Have you ever withheld a blue ribbon in the classes and why?

No. I haven't needed to.

What do you look for when judging?

When dogs come into the ring, before having them set up, I have the class go around. I am looking for dogs who are effortless in their movement, or "comfortable in their own bodies," as I think of it. I want a dog who is balanced in every way. Then, I look at type, color, etc. I want the whole package, and most judges describe this as "type, movement & balance."

What do you hope you leave behind after you have judged?

I enjoy judging, and finding quality dogs to carry on our breed. After judging, I hope I have been so clear, & so consistent, that people have been able to follow my judging from ringside, and can understand why I believe that I have found the best quality presented that day. I also hope that the exhibitors feel I have given *their* dogs a fair shake, no matter whom they are.



GDC of Tuscon 2004



Waccabuc's Dust of the Phoenix c. 1983



1982 L-R Littermates at 5 mo: Waccabuc's Dust of the Phoenix, Ch Waccabuc's Different Drummer, & Jp Ch Waccabuc's I Dream of Genie

Do you have second thoughts about deciding to become a judge? Yes or no and why?

No, not second thoughts, per se. I love the judging itself. However, I don't really enjoy the travel. That has only become worse, in recent times, so that I've had to limit my assignments to places I can drive to.

Our standard has very specific descriptions on color, markings, and patterns in our breed. What are your thoughts for those who say "color/markings shouldn't matter when judging? I paint at all the dogs purple when I judge."

I might not be the best person to answer this question! From the beginning of my time in Great Danes, I have wondered, "Who decided that there were only 5 beautiful colors in Great Danes?" Over the years, that number of acceptable colors has grown, validating my initial thoughts!

My second breed is Whippets. Their Standard says: "Color: Immaterial" further validating my thinking that color doesn't necessarily "make" the breed.

That said, I *do* judge to the Standard, and to do

that, after determining that the dog meets the definition of the color it represents, I don't notice color at all.

Do you have a favorite dog show memory as a judge?

The biggest compliment I've received as a judge, is when exhibitors come to me afterwards, and tell me that I put up related dogs for my highest choices. This has happened numerous times. It always takes me by surprise, as I don't set out to do this, but it does represent to me that I know what I like, and that I've been consistent in finding it.

The picture of the two brindle dogs from the GDC of Arizona, which accompanies this article represents that.

What advice do you give aspiring judges?

1. If you think you will ever judge, read the judging requirements, and start saving the necessary paperwork as early as possible. It's much easier to

discard things you don't need, than it is to find things 20 years later!

2. Find as many good mentors as you can. Our GDCA club has a very good program for this.

Do you have advice for upcoming judges on how to handle exhibitors who display un-sportsman like conduct towards you or other spectators inside and/or outside the ring?

Judges must be prepared for disgruntled exhibitors, some of whom take their disappointment out on

you. As the judge is a representative of the AKC, I feel that she must not engage in that type of conversation. I think "Thank you for your opinion." is an acceptable reply. Then walk away. If the abuse is especially egregious, call the AKC Rep, and let him or her handle the situation.

Do you feel the judging application process for applying for additional breeds in the sport is fair? Some judges can apply for multiple breeds, yet others are allowed to apply for one or two breeds at a time?



Ch Waccabuc's Gnome de Plume, TD 1999

I can't answer if it's "fair." Certainly some people have vastly more experience in dog showing than others, however, I might make this suggestion: Maybe, making a requirement for every applicant to breed at least two litters, in at least one breed. In my opinion this could level the playing field between handlers who have never whelped a litter, and breeders who have only judged litters they have whelped.

However, I do think that the AKC system is very difficult to navigate. I gave up trying to do that many years ago, even though I had most of my requirements for Whippets & Rhodesian Ridgebacks accumulated way back in the early 2000s. I have judge friends in both Australia & Canada, and, though I haven't read their rules, I have heard *them* discuss their systems. They seem to be happier with their systems than the American judges, with whom I have discussed this, are with ours.

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TAKING CONTROL—WATER

BY: BETTY LEWIS, RVT, DR A N

"Water, water everywhere, nor any drop to drink."*

Sometimes it seems like that quote is true today when we apply it to the context of drinking water. Our bodies are 75% water and water is required in most, if not all, of the reactions which take place in our bodies. After oxygen, water is the most important nutrient we need to supply, yet unless that water is pure, we still do damage by consuming it.

Most people and pet animals drink whatever comes out of the tap. But, almost without exception, municipal water is "treated". Unfortunately, it's treated with toxic chemicals, such as fluoride and chlorine, substances which are highly contraindicated for health.

The second largest category in the tap water department is from private wells. The worst thing about depending on a well is that no one knows what is in that water! Water tests are only a snapshot in time, so a test taken today at noon is possibly null and void at 1PM. In addition, most water tests only test for a fraction of the possible contaminants.

So, what is safe? That is the \$64,000 question! And, the more research I do, the less I think I know the answer to this. My best response is to tell you the choices I have made, and let you do follow up research to decide for yourself. If you find a better answer, please let me know. :}

I do know that each household needs to purify water as it enters the house, or at least before it's consumed. A whole-house purifier would be a better choice than a counter-top model because contaminants easily enter through the skin during showers and baths. Each of you will have an independent decision based on the perceived quality of the tap water being filtered.

Here in North Carolina, we have well water, but it's not a private well, but two wells that serve everyone in our neighborhood.

When we moved here, we had a water analysis, and put in a purification system for the whole house. Part of the system is a reverse osmosis tap for drinking water.

There are pros and cons to reverse osmosis. You need to research these. There is lots of information on the internet, but it takes a bit of reading to find what is right for your home, your family, & your pets.

I doctor the drinking water in the dog bucket, and in my glass with electrolyte minerals. I put Celtic sea salt in my water. The dogs get the more expensive ConsenTrace. <https://www.traceminerals.com/product/concentrace-trace-mineral-drop>

The reason for this is that this product is in liquid form, and I don't have to wonder if the salts is diluted properly in the bucket. For myself, I shake it well when I make it, and then swirl the bottle every time I drink.

The subject of pure water is gigantic, and there's no way I can guide you to a simple answer. But, with these links, I hope you'll be on your way to providing another layer on the way to wellness.



NEVER USE ISOPROPYL ALCOHOL ON YOUR DOG

rita hogan

DECEMBER 14, 2021

Isopropyl alcohol is a surprisingly common ingredient in pet products. But can you use isopropyl alcohol on dogs?

I was shocked to see a question on Google that asked, "Can you put rubbing alcohol (isopropyl alcohol) on a dog to make him stop licking?" Then I read about a woman who uses isopropyl alcohol to mix the edible frosting colors for a dog birthday cake.

So I did some poking around in the dog product industry. And I suddenly realized that many people think isopropyl alcohol is okay.

Can You Use Isopropyl Alcohol On Dogs?

No, it is not safe! Isopropyl alcohol can be very toxic to dogs. When you look at the isopropyl alcohol Material Safety Data Sheet, you'll read that possible side effects can include:

- Drowsiness
- Unconsciousness
- Death

"Gastrointestinal pain, cramps, nausea, vomiting, and diarrhea may also result."

Skin contact can lead to "skin irritation with redness and pain. May be absorbed through the skin with possible systemic effects."

Even breathing it is dangerous. "Exposure to high concentrations has a narcotic effect, producing symptoms of dizziness, drowsiness, headache, staggering, unconsciousness and possibly death."

This is not something I'd ever put on my dog's skin. Especially somewhere she can inhale or lick it.

Alcohol In Pet Products

Despite the warnings and the research ... isopropyl alcohol has been sneaking its way into the cosmetics industry for years. And now it's found a nice cozy bed in the pet care industry.

The world of alcohol is vast ... with many different types of alcohol. And they all serve their purpose in each specific industry that uses them. Alcohol is used as ...

- Solvent (a substance that dissolves another substance)
- Antiseptic
- Humectant (a substance that helps retain moisture)

- Preservative

But the scary part is how alcohol delivers ingredients into the skin. It does it by breaking down the natural oils and antibacterial layer. This means it destroys your dog's skin microbiome ... making her susceptible to all types of skin infections.

Forms Of Alcohol

Different forms of alcohol are not all created equal. When most people see alcohol on a label they think of drinking alcohol or spirits. Those are the opposite of isopropyl alcohol. Here are a few types of alcohols you'll find ...

Ethanol Or Grain Neutral Spirits

Drinking alcohol is what the industry calls undenatured ethanol or grain alcohol. Most alcohol produced in North America is from corn. Natural alcohol can also come from other sources like:

- Fruits
- Sugar cane
- Potatoes
- Wheat

Grain alcohol or ethanol is available in different proofs. A grain alcohol's proof is its ratio of alcohol to water. For example, 190 proof is 95% ethanol and 5% water. When you look at a bottle of alcohol in the liquor store ... you'll see that it says, "___ proof". The proof is twice the percentage of alcohol. So, 80 proof would mean that the bottle contains 40% ethanol.

Alcohol In Herbal Tinctures

As an herbalist, I use alcohol to extract the active ingredients in plants ... to make herbal tinctures. My alcohol of choice is organic grain alcohol because it's non-GMO and safe in small amounts. Tincture dosages for dogs are usually 1 to 3 single drops.

I prefer alcohol extractions for dogs.

- They're easily absorbed into the bloodstream. That's why I call alcohol extracts "predigested herbs."
- Alcohol extractions don't need heat, so the plant's volatile oils are preserved. This makes the tincture more effective.
- And ... with proper storage, alcohol tinctures have an unlimited shelf life.

Most dogs are fine with herbal tinctures. The small amount of alcohol makes them very safe. But if your dog doesn't tolerate herbal tinctures well, here's the solution.

Dilute the tincture dose with an equal amount of hot water. It'll

cause the alcohol to evaporate.

Organic Alcohol

Organic alcohol is the same as ethanol or grain alcohol ... but the fermentation, distillation and packaging processes use organic standards.

Methyl Alcohol or Methanol

Methanol is a highly toxic form of alcohol. It's also known as wood alcohol. Methanol is used in antifreeze, as a solvent, an industrial cleaner, and in the synthesis of formaldehyde.

Denatured Alcohol

Denatured alcohol can be made of ethanol ... or sometimes other chemically classified alcohols that are not ethanol based.

This type of alcohol is denatured by the addition of toxic solvents. This makes the alcohol unfit for consumption.

Companies denature alcohol to avoid having to pay taxes. It also stops people from buying ethanol anywhere but a liquor store.

The chemicals used to denature vary. But the most popular are ...

- Methanol
- Acetone
- Methyl isobutyl ketone
- Isopropyl alcohol (rubbing alcohol)
- Methyl ethyl ketone

Many of these added chemicals are nearly impossible to distill out of the alcohol. This makes them the toxins of choice for the denatured alcohol industry.

Isopropyl Alcohol

Isopropyl alcohol is touted as a mild antiseptic, cleaner and disinfectant. It's made through the hydration of water and a carbon called propene. This comes from fossil fuels like petroleum, natural gas and coal.

Why You Should Care About Isopropyl Alcohol

Isopropyl alcohol is rapidly absorbed through your dog's skin. It has several negative effects.

- Skin irritation and excessive dryness.
- Delays healing of skin tissue.
- Removes the skin's naturally occurring moisture barrier.
- Can cause respiratory tract irritation when inhaled.
- Is a neurotoxin (harming the nervous system).
- Contains petroleum-based propene, which makes it unfit to drink ... and twice as toxic as ethanol.

•The liver oxidizes isopropyl alcohol into acetone. With prolonged exposure this process can damage the kidneys.

Other Names For Isopropyl Alcohol

Isopropyl alcohol goes by a few other names. So ... look out for these names when you shop for dog products.

- Propyl alcohol
- Propanol
- Isopropyl alcohol
- Isopropanol
- 2-hydroxypropane
- 2-propyl alcohol
- Dimethyl carbinol

Pet Care Products With Isopropyl Alcohol

Here are two examples of popular pet care products containing isopropyl alcohol.

1. This first product is for use on paws and hot spots. It touts that "your dog would ask for it." My pug, Francis, has firmly verified that she would not.

Active ingredients: Cod Liver Oil, Gentian Violet, Brilliant Green.

Other Ingredients: Isopropyl Alcohol, Balsam Peru, Glycerine, Cade Oil, Tannic Acid, Turpentine.

I can't ignore that this product uses a substance called Brilliant Green. This is also known as Zelyonka. It's a Russian dye that's toxic when eaten. And it's likely your dog would eat it. Because the first ingredient is cod liver oil. I don't know any dog who wouldn't do her best to lick the fish oil off her skin and paws.

And when she licks the fish oil ... in goes the brilliant green, turpentine and isopropyl alcohol as well.

2. The second example is a muscle recovery rub for dogs. This one kind of made me want to go postal.

Ingredients: menthol 20mg/g, camphor 6.25mg/g, isopropyl alcohol 350mg/g in a gel base.

This is an example of a product that may seem natural to some. But it's anything but. Let's look at the ingredients:

- 20mg of menthol is too much for a dog ... and it can irritate the lungs.
- Camphor should never be used on dogs. It can cause severe issues like seizures and liver failure.
- Isopropyl alcohol.
- The gel base usually contains propylene glycol, copolymers, polysorbates and sodium laureth sulfate.

Other Products

But those are just two. Manufacturers love to use isopropyl alcohol for many other dog products:

- Ear washes and flushes
- All types of skin treatments
- Skunk washes
- So-called “pet-safe” household cleaners
- Chewing sprays like Bitter Apple
- Different types of wipes
- Miracle urine cleaners
- Paw care products
- Wound care sprays
- Shampoos
- Floor cleaners

Safe Alcohols

There’s another group of alcohols that are generally recognized as safe (GRAS). They’re made from natural fats and oils. This group of fatty alcohols has a different effect on the skin than their ethanol-based counterparts. Most fatty alcohols are emulsifiers (that blend liquids together) and emollients (skin softeners).

Cetyl Alcohol

Extracted from coconut oil, cetyl alcohol is a foaming emollient and emulsifier. It stabilizes or alters the formula it’s added to. It has a low occurrence of irritation.

Stearyl Alcohol

Stearyl alcohol is mostly made from coconuts, shea nuts, and sometimes, animals. It’s used as an emollient, emulsifier, and thickening agent. This alcohol is mostly solid at room temperature. It’s soothing and non-drying to the skin.

Cetearyl Alcohol

Cetearyl alcohol is an emulsifying wax. It’s derived from natural oils or fats. It’s very efficient as a stabilizing agent because it gives an emollient feel to the skin.

How To Avoid Isopropyl Alcohol In Dog Products

You can avoid isopropyl alcohol with a bit of care. There are natural solutions for every product that contains it.

1. Don’t buy any product that doesn’t provide a full ingredient list.

2. If you come across an ingredient you don’t know ...

Environmental Working Group’s Skin-Deep database is an excellent place to start.

3. Look for these ingredients instead:

- Alcohol-free witch hazel
- Apple cider vinegar
- Hydrosols
- Aloe vera juice
- Vegetable glycerin
- Tea
- Purified water

4. If the product needs alcohol, look for grain or organic alcohol from plant sources.

As I said earlier, I use organic grain alcohol to extract plant ingredients when I make herbal tinctures. It’s non-GMO and it’s safe. There are many other types of alcohol that I haven’t covered. But isopropyl rubbing alcohol is the denatured alcohol you’ll find most in dog products.

The danger of using this form of alcohol definitely outweighs any benefit a manufacture could conceive.

Always Read Labels

Even though some labels can be disheartening, you must read them each time you buy something new. Or even something that you’ve used for a long time. Manufacturers love to change ingredients when you’re not looking.

It’s up to you as a dog owner. You have to do the work it takes to protect your dog from the dangers of modern industry.

Rita Hogan

Rita Hogan CH is a canine herbalist and co-founder of Farm Dog Naturals, an herbal remedy company for the All-Natural Dog. Rita combines nature with her love for dogs by offering consulting that focuses on dogs as individuals: mind, body and spirit. Her practice incorporates herbal medicine, complementary therapies and environmental stewardship to help dogs and people find balance and partnership with nature. Connect with Rita through her website canineherbalist.com

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IS BENADRYL SAFE FOR DOGS?

JULIA HENRIQUES

Benadryl ... so many people love using this over-the-counter medication for their dogs. Maybe you do too. Conventional vets use Benadryl for dogs and recommend it ... for just about anything. Ask your vet about allergies ... or anxiety or car sickness or reverse sneezing ... and he'll likely suggest Benadryl. Or maybe you ask for a rabies exemption because your dog had a reaction last time. Your vet says "don't worry, we'll just give her a Benadryl before the vaccine." (More about what's wrong with this later.) Lots of dog owners view Benadryl as an easy fix for various problems. You'll see people on social media advising "give her Benadryl." It could be for a dog with hives, separation anxiety or fear of thunder. But the problem is ... Benadryl only hides the problem temporarily. And it's not safe. So ... let's get into some detail about Benadryl ... and why you should choose natural options that are safer and just as effective.

The History Of Benadryl

Benadryl's a brand name for the drug diphenhydramine hydrochloride. (Let's call it "DH" to keep it simple!) A chemical engineer named Dr George Rieveschl invented Benadryl in 1943. He was at the drug company, Parke-Davis, now part of Pfizer. In 1946, the FDA approved it as the first prescription antihistamine. DH is also sold under many generic brand names. There's even a liver flavored pet brand called Vetadryl. It's an antihistamine drug. It also has anticholinergic (drying) and sedative effects. And because of its sedative effects, DH is in many other over-the-counter drugs. Watch for the ones with "PM" after their name. Tylenol PM is an

example of this – it contains acetaminophen for pain relief, plus DH to make you drowsy.

What Antihistamines Do

As the name suggests, antihistamines counteract the effect of histamine. Histamine is a natural body chemical with a few useful roles:

It's a chemical messenger in the nervous system.

It's a part of gastric acid that helps the digestive process.

It helps dilate blood vessels, part of the body's immune response to pathogens.

But too much histamine can lead to allergic reactions, food sensitivities and more. Histamines can damage capillaries. This lets blood plasma leak into body tissues ... and leads to itchiness, redness and inflammation. So vets and doctors prescribe antihistamines that block the body's histamine receptors. Like other first-generation antihistamines, DH specifically blocks H1 receptors in the brain. But that can cause problems ... because suppressing the body's natural healing response isn't a good long-term plan.

Symptoms Are Natural Healing

Your dog's symptoms are her body's way of healing. So vets see something like itching, sneezing or hives and give Benadryl. And the problem goes away ... or seems to. Unfortunately, removing the symptoms doesn't get at the root of the problem. The underlying disease causing the itching is still there. So the itching will keep coming back. Eventually your vet will prescribe other drugs ... like antibiotics or steroids. But your dog still has the ongoing problem. Another problem with suppressing symptoms is that it can drive the disease deeper. And then it comes back ... sometimes in a more serious form. And now, the disease is chronic. Holistic vets have many stories about dogs



treated with "anti-" drugs. Many of them end up with problems like seizures, emotional issues, or even cancer. So that's one problem with using Benadryl ... it doesn't cure anything. It just hides the symptoms for a while. What about other side effects?

The Side Effects Of Benadryl For Dogs

Benadryl may seem like a harmless option. But it has quite a long list of possible side effects. In fact, the Canadian Society of Allergy and Clinical Immunology has given serious warnings about them, even for people. The organization issued a 2019 position statement about Benadryl. They advised against the drug because of the high risk of side effects and overdose. They said the drug leads to "... several intolerable and potentially life-threatening adverse effects."

They explained that antihistamine drugs cross the blood-brain barrier "... and may lead to significant CNS suppression and toxicity resulting in psychomotor impairment, coma, and even death."

So that's rather scary. And so is the list of adverse effects. Some of the more serious ones are from long term use of the drug.

- Dryness of mouth, nose and throat

- Drowsiness
- Low blood pressure
- Heart palpitations
- Cognitive issues, confusion, dementia
- Anxiety
- Moodiness
- Depression
- Trembling
- Chemical dependence
- Nausea
- Vomiting
- Change in appetite
- Constipation
- Can mask symptoms of gastrointestinal problems

And you can easily overdose your dog with Benadryl ... with dire results.

Risk Of Overdosing Benadryl For Dogs

If you do give Benadryl, don't guess at the dosing. Talk to your vet to find out how much to give. Because Benadryl overdose can really harm your dog. The dosing of Benadryl for dogs has a narrow safety margin. If you give your dog too much Benadryl, you may see serious symptoms like ...

- Red eyes or dilated pupils
- Intense drowsiness
- Rapid heart rate
- Difficulty breathing
- Aggression
- Fever
- Seizures
- Muscle tremors
- Lack of coordination, inability to walk
- Difficulty urinating
- Delirium

So ... if you've given your dog Benadryl and you see these symptoms, get to the emergency vet.

Dogs Who Should Never Take Benadryl

Dogs with these conditions should never take Benadryl (or other DH drugs):

- Glaucoma
- Heart failure
- Prostatic hypertrophy
- Seizures
- Allergic lung disease
- Bladder neck obstruction
- Hyperthyroid (rare in dogs)

Always ask your vet about interactions with other drugs your dog may be on. For example, anxiety medications don't combine well with Benadryl.

Warning

If you do use Benadryl for dogs, follow these rules:

Don't try to guess the dose by yourself.

Ask your vet how much to give.

Don't ever give liquid Benadryl. You might assume that because it's made for children, it's safe. But you'd be wrong. It's full of harmful chemical ingredients and dyes.

Always read the ingredients of the product you buy. Don't buy formulas that contain Xylitol, which is deadly to dogs. Avoid formulas with dyes.

Don't give it to pregnant or nursing females.

But hopefully ... after reading these risks, you've made the right decision. and that is to use natural alternatives to Benadryl for your dog.

Natural Alternatives To Benadryl For Dogs

So ... here are some conditions people use Benadryl for ... and natural options you can use instead.

Benadryl Alternatives For Allergies And Skin Problems

Allergies are complicated. If your dog has any kind of allergy issue you'll need to figure out what's causing the problem. Your dog may have:

- Itchy or irritated skin

- Hives
- Hotspots
- Ear infections
- Digestive issues
- Chronic diarrhea

It could stem from things like ...

- Food
- Medication
- Pest control products
- Vaccination
- Yeast infection
- Seasonal allergies
- Environmental toxins
- Autoimmune disease

... or other causes So ... you'll have to do some detective work. You may need a holistic vet's help in getting to the bottom of the problem. (Hint: don't ask a conventional vet. He'll almost certainly prescribe suppressive drugs. These might include Benadryl, Apoquel, Cytopoint, antibiotics or steroids). Once you've nailed down the issue, you can start to make changes that'll help. And you can try some natural supplements that help with allergies. Instead of those drugs, consider natural options like these.

Colostrum

Colostrum is the substance in mother's first milk that helps build the newborn's immune system. And it can help your dog's immune system deal with allergies. Colostrum is most effective with environmental and seasonal allergies. Give your dog 1/3 tsp powdered colostrum per 25 lbs of body weight, twice a day.

Quercetin

If you want an alternative to Benadryl, consider quercetin. In fact, quercetin is often referred to as as Nature's Benadryl. That's because it can stop the body from releasing histamines. Quercetin is naturally

in foods like berries and apples (especially with the skin on). You can also buy a quercetin supplement at a health food store. Give your dog 80 mg of quercetin powder per 10 lbs of body weight.

Medicinal Mushrooms

Mushrooms are another food that can help boost your dog's immune response. That's because of the main medicinal property, beta-glucan. Beta-glucans change certain immune cells, helping to prevent the allergic response and inflammation. It activates other immune cells that help remove unwanted substances from the body. The mushrooms with the highest beta-glucan content are:

- Reishi
- Shiitake
- Cordyceps
- Turkey tail
- Maitake

If you give your dog whole mushrooms, be sure to cook them. Raw mushrooms are quite indigestible. Or buy a mushroom supplement. There are two things to look for in a mushroom supplement:

Check the certificate of analysis to make sure it has at least 30% beta-glucan content.

Make sure your mushrooms are whole mushrooms, not just mycelium. Mycelium is only part of the mushroom; it's grown on grains, making it much higher in starch and lower in beta glucans.

DNM RECOMMENDS: Four Leaf Rover offers Immunity mushrooms, a veterinarian-formulated blend of 7 organic, whole mushrooms selected for their ability to balance your dog's immune system. Buy Immunity now >>

Alternatives For Bee Stings And Insect Bites

Insect bites and stings are another ailment people use Benadryl for. But there are much better options.

Fast Remedies For Insect Stings

If you're out in the woods with my dogs in the summer, there are a couple of really good homeopathic remedies to carry ...

Ledum palustre (30C or 200C): an effective remedy for most insect stings or puncture wounds.

Apis mellifica (30C or 200C): this remedy works well for allergic reactions. It helps with stings or red or swollen bites.

Dogs might step on a ground hornet or get a bee sting on the face. One of these remedies will usually bring down the pain and swelling right away.

Try Apis first if the sting becomes very swollen and red, with lots of itching and even pain.

Try Ledum first if the bite area is cold and puffy.

Plantain – More Than A Weed!

A great herbal remedy for insect bites is one you might find whenever you're out walking. You may consider it a weed in your back yard ... but plantain is a great way to treat insect stings in an emergency. The juice of the plantain leaf is what you'll need to soothe the sting. The easiest way to do that is chew it a little to release the juice, then rub the leaf on the sting.

Reapply as needed.

Natural Alternatives To Benadryl For Anxiety

Whatever causes anxiety ... it may be separation anxiety or fear of thunder or fireworks ... your vet will often suggest Benadryl for your dog. Because of its sedative effects, it can help calm your dog. Instead, consider one of the many natural solutions for anxiety. There are many options ... including herbs, flower essences, essential oils, and homeopathy.

But one of the most effective remedies for your dog's anxiety, whatever the cause ... is CBD oil.

CBD Oil For Anxiety

CBD oil for dogs comes from the hemp plant. It has similar calming effects to marijuana ... but without the THC that gets people high. And now there are studies showing CBD has anxiolytic (anti-anxiety) effects. You can give CBD oil for dogs ... and the most common side effect is that he might get a little sleepy. Buy and organic, full spectrum CBD oil with a full range of cannabinoids: CBD, CBA, CBC, CBN and CBG. These all work together for the "entourage effect." The general rule for dosing CBD is to give your dog 1mg to 6mg of CBD per 10 lbs of body weight. (You'll need to check how much actual CBD is in each dropper of the oil you buy).

Motion Sickness

If your dog gets queasy in the car, there are lots of things to help him. Your vet might recommend Benadryl, or even Dramamine. But try one of these solutions instead.

Practice!

Most dogs will outgrow motion sickness. So start by taking your dog for lots of short rides around the block. Or take him somewhere fun like the park. That way he should start to expect a fun time when he gets in the car ... instead of worrying about a trip to the vet or groomer. Being anxious in the car will make him more likely to get carsick.

Herbs

Ginger, peppermint or fennel are all good herbs for nausea. You can make a tea from one or more of these herbs. Let it cool, and give some to your dog about 30-60 minutes before getting in the car. Give 1 Tbsp per 20 lbs of body weight.

Flower Essences

If your dog's nausea is due to anxiety, flower essences can help. Try giving him the combination flower essence Rescue Remedy before each trip. You can give it as often as needed. It's calming, gentle and has no side effects.

Homeopathy

Several homeopathic remedies can help with car sickness. Choose the one that best fits your dog and give it 30 to 60 minutes before a car ride.

Nux vomica 30C: often used for digestive problems, Nux can also help a carsick dog. It may stop him from vomiting in the car.

Sepia 30C: if your dog feels anxious about getting in the car, this remedy can cheer him up. It's an especially good remedy for senior dogs.

Cocculus indicus 30C: This remedy works well for a dog who seems to get worse when you open the car window! So don't let the fresh air in for a dog like this.

Tabacum 30C: Use this remedy for a dog who thinks a car ride means something unpleasant ... like a trip to the vet.

To give homeopathic remedies, follow the instructions in this article >>

Mast Cell Tumors

Conventional vets often give Benadryl to dogs with mast cell tumors (MCTs). Because MCTs cause excess histamine in the body ... Benadryl can help control that response. But once again, that's just a short-term solution that suppresses your dog's natural healing. Canine herbalist Rita Hogan recommends several herbal treatments for your dog's MCT. These include:

- Ashwaganda
- Astragalus Root
- Burdock Root
- Calendula or Cleavers
- Dandelion Root and Leaf

- Echinacea
- Maritime Pine Bark
- Nettle
- Red Clover
- Sweet Violet

Read Rita's advice on how to use these herbs for mast cell tumors here.

Reverse Sneezing

It's hard to describe reverse sneezing ... but you might find it quite alarming to see your dog do it. It's not really a sneeze ... but more of a series of spasmodic inhalations. Your dog may make some snorting or gagging noises. He might hang his head low and look unhappy.

Conventional vets view reverse sneezing as an allergic response. They often suggest massaging your dog's throat to help stop the spasms ... or covering the nostrils to make your dog swallow. And they'll also tell you to give your dog Benadryl, to suppress the reverse sneezing response. But once again, Benadryl only covers up the symptoms. It doesn't fix the problem. Reverse sneezing is often a chronic condition ... but all kinds of things can trigger it. Some dogs do it when they're stressed. In many dogs it's a sign of vaccinosis ... due to over-vaccination. Homeopathic vets know that reverse sneezing usually stems from rabies over-vaccination. Rabies vaccinosis often causes rabies-like symptoms. Rabid animals can experience jerky breathing or throat spasms. In a dog with rabies vaccinosis it shows up as reverse sneezing. It's quite common in toy breeds as well as brachycephalic dogs ... but other breeds do it too. For reverse sneezing it's best to consult a homeopathic vet. He'll analyze your dog's symptoms and prescribe an appropriate constitutional remedy. In this article, homeopathic veterinarian Dr Ronna Kabler explains rabies miasm. She mentions some

remedies homeopaths use to treat rabies vaccinosis symptoms in dogs. You can find a homeopathic vet at the Academy of Veterinary Homeopathy. Most will do phone consults ... so they don't have to be local.

Acute Vaccine Reactions

Earlier we mentioned that your vet might suggest giving Benadryl before vaccination. This usually happens if your dog's had an acute vaccine reaction in the past. Acute refers to reactions that happen fast ... within the first hours or days after vaccination. This type of reaction can be serious. It might be facial swelling or fever ... which are unpleasant but manageable. But it could be really serious ... causing anaphylactic shock or even death. There are homeopathic remedies that can help with vaccine reactions. But the real solution is: don't take the risk. If your dog's ever had a vaccine reaction before, there's a higher chance it'll happen again. The answer to this problem is not "give Benadryl" ... or some other remedy to try to prevent the reaction. The answer is: don't vaccinate your dog again if he's had a reaction in the past! Don't let your vet do it. Find a different vet if you have to. And try not to use Benadryl for dogs, now that you know about the risks as well as some natural options!

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Julia Henriques is Managing Editor of Dogs Naturally Magazine. After studying at Madrid University in Spain, she spent 35 years in international banking before joining Dogs Naturally Magazine in 2010. She's on the Board of Playing Again Sams (Wisconsin Samoyed Rescue) where she enjoys helping adopters and group members choose natural health care options for their dogs. She lives in Chicago with her partner Marc and rescue Samoyed Tarka.

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A card was sent to Louis Bond for his recent stay in the hospital. We are happy to report that he is feeling stronger each day.

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