

Dane Line

# REIMAGINED

NOVEMBER  
2021



## BE SURE TO JOIN US FOR OUR UP-COMING SHOWS:

2021 Fall Specialties  
**Thanksgiving Classic**, Springfield  
November 27- 28  
Thanksgiving Weekend

## Published by the Great Dane Club of New England

President - Sue Davis Shaw  
Vice President - Marcia Roddy  
Recording Secretary - Kim Thurler  
Corresponding Secretary - Tiffany Cross  
Treasurer - Sharon Boldeia  
Directors - Suzanne Kelley, Normand Vadenais & Dianne Powers

# PRESIDENT'S LETTER

## OCTOBER 2021

Dear Members,

It was really great to meet in person in August. Just sitting around talking to our old friends was a real treat. A very special thank you to the Vadenais' for graciously hosting our meeting and attending to every detail.

Due to the uncertainty of Covid precautions at our specialties and our desire to be as inclusive as we can for the entire membership, we voted to hold our November and January meetings via zoom. Details will be sent out closer to those meetings.

The Nominating Committee members are Helen Cross, ([ctiffer2@hotmail.com](mailto:ctiffer2@hotmail.com)), Paul Bowman ([blueirisbowman@yahoo.com](mailto:blueirisbowman@yahoo.com)), and Ted Kelley ([skallegro@verizon.net](mailto:skallegro@verizon.net)) If you are interested in an office or board position, please contact one of the committee members.

For your information, here is the section of our by laws that references the Nominating Committee and procedure:

### SECTION 3. Nominations

*The President, with the ratification of the Executive Board, each year on or before November 1st, will designate three (3) members of the Club in good standing whose duty it will be to nominate candidates for the several offices for election at the next annual meeting of the Club. The members of the Nominating Committee will make their selection of the candidates from among the regular members of the Club and report their nominations in writing to the Secretary of the Club on or before December 1st. The Corresponding Secretary of the Club will, on or before December 5th, send a notice to each regular member of the Club setting forth the names of those candidates selected. Any regular member of the Club, in good standing, whose name does not appear on the list so selected by the committee will be eligible for election if, and only if, his or her name is endorsed in writing by at least three (3) members in good standing in the Club, and sent by registered mail, or delivered in hand to the Corresponding Secretary on or before December 15th, in which event it is the duty of the Secretary to notify each member of the name or names of the candidates so nominated or proposed on or before December 28th. No nominations may be made from the floor at the annual meeting of the Club. In the event of a candidate accepting an office and then withdrawing his name from that office, the candidate must notify the Nominating Committee of such a move by December 15th. At that time, the Nominating Committee has the right to choose another candidate in place of the one who withdrew. No candidate will be allowed to have his or her name submitted unless it is in writing and mailed to the Corresponding Secretary of the Club.*

A shout out and a huge thank you to Marcia Roddy for her idea and follow through for the whelping basket for the club's donation to the raffle room at the National. It was an inventive idea and I think it will be a big success. Thank you, too, to all the members who donated items or money. Can't wait to see it.

Our fall specialties are currently listed as 'no spectator' events. I hope that will change but be aware that it is the current policy.

A very big thank you to the member who anonymously donated all the trophies for our Specialty on Saturday in Memory of Eric Ringle. Your generosity is very appreciated.

Best wishes,

Sue Davis Shaw

President



## BRAGS

**MBISS GCH COSMIC NOBONZ I'LL LEAVE YOU STARRY EYE'D, AOM  
"ILAH"**



**GREAT DANE CLUB OF LEHIGH VALLEY**

**8/6 BEST IN SPECIALTY SHOW—JUDGE Ms. FAY ROGSTAD**

**BRED AND OWNED BY TAMI BRADFORD & KAREN PACINO**

**CO-OWNED BY WALLY BRADFORD & ALLISON GALLANT**

**MBIS MBISS BIF' GCH MJM'S TALK OF THE TOWN, GDCA AOM x  
MBISS GCHB COSMIC JV NO BONZ STEALING THE STARLIGHT, GDCA AOM**



## BRAGS

**MBISS GCH COSMIC NOBONZ I'LL LEAVE YOU STARRY EYE'D, AOM  
"ILAH"**



**GREAT DANE CLUB OF LEHIGH VALLEY**

**8/7 BEST IN SPECIALTY SHOW—JUDGE MR. JAY RODEN**

**BRED AND OWNED BY TAMI BRADFORD & KAREN PACINO**

**CO-OWNED BY WALLY BRADFORD & ALLISON GALLANT**

**MBIS MBISS BIF GCH MJM'S TALK OF THE TOWN, GDCA AOM x  
MBISS GCHB COSMIC JV NO BONZ STEALING THE STARLIGHT, GDCA AOM**



**BRAGS**  
**DAPPER COSMIC NOBONZ STARLIGHT SERENATA**  
**SEREN**



**GREAT DANE CLUB OF LEHIGH VALLEY SPECIALTY**

**8/6 RESERVE WINNERS BITCH—FIRST SHOW—6 MOS—JUDGE, MR. JAMES CONROY**

**OWNED BY TAMI BRADFORD, KAREN PACINO, WALTER BRADFORD**

**& ALLISON GALLANT**

**BRED BY ASHLEY COOMES**

**BIS MBISS GCHP COSMIC NOBONZ NEW KID IN TOWN, AOM X**

**BISS GCH CH CUPAR'S YOU CROSSED THE LINE**



## BRAGS

### OHBISS GCH DAVIDDANE'S N BALOR THE CHRONICLES OF RIDDUCK AOM RN CGC TKN BCAT



**ON SEPTEMBER 17, 2021 UNDER RESPECTED JUDGE MR. JOHN SCHOENEMAN AT THE SOUTH SHORE KENNEL CLUB, RIDDUCK WAS AWARDED SELECT DOG AND OHBOB COMPLETING HIS GRAND CHAMPIONSHIP TITLE. (PENDING AKC APPROVAL)**

**WE ARE OVER THE MOON HAPPY FOR THIS ACHIEVEMENT.**

**BREEDERS: SUSAN SHAW, LISA LEWIS, RACHEL WILSON**

**OWNERS: RACHEL WILSON, LISA LEWIS, ISABELLA EATON**

**DRAKKEN X PIPPA LITTER**

**SIRE: CH DAVIDDANE'S DUCKTOR DRAKKEN I PRESUME AOM BN RI RN CGCA CGC TKN BCAT**

**DAM: DAVIDDANE'S REFLECTION OF A DUCK CGC**



## BRAGS

### OHBISS GCH DAVIDDANE'S N BALOR THE CHRONICLES OF RIDDUCK AOM RN CGC TKN BCAT



**ON SEPTEMBER 5, 2021 AT THE MID COAST KENNEL CLUB IN MAINE, IZZY EATON AND RIDDICK WERE AWARDED BEST IN JUNIOR SHOWMANSHIP UNDER JUDGE MR. DANIEL DOWLING AT WHICH SHOW HE WAS ALSO AWARDED SELECT DOG AND RECEIVED AN OWNER HANDLER GROUP 2 BOTH UNDER RESPECTED JUDGE MRS. SULIE GREENDALE-PAVEZA**

**BREEDERS: SUSAN SHAW, LISA LEWIS, RACHEL WILSON**

**OWNERS: RACHEL WILSON, LISA LEWIS, ISABELLA EATON**

**DRAKKEN X PIPPA LITTER**

**SIRE: CH DAVIDDANE'S DUCKTOR DRAKKEN I PRESUME AOM BN RI RN CGCA CGC TKN BCAT**

**DAM: DAVIDDANE'S REFLECTION OF A DUCK CGC**

## BRAGS

### CH. DIVINE ACRE'S LEMAIRE'S KIKI DO U LOVE ME "KIKI"



**WE ARE DELIGHTED THAT AT THE 5 SHOWS SHE WAS SHOWN AT,**

**KIKI WAS AWARDED MULTIPLE BOS & A SELECT WIN:**

**BOS WINS: NEWTOWN KENNEL CLUB, JUDGE, MR. DALE A. MEYER;**

**SOUHEGAN KENNEL CLUB, JUDGE, SHERRY C. WEBSTER**

**ELM CITY KENNEL CLUB, JUDGE, TERRY W. TEMPLE AND**

**NEWTOWN KENNEL CLUB, JUDGE, ALFRED J. FERRUGGIARO**

**SELECT WIN: OX RIDGE KENNEL CLUB, JUDGE, MR. WILLIAM C. STEBBINS**

**OWNED BY JAYME LEMAIRE, CAROL URICK AND ROBERT E. LAYNE**

**BRED BY CAROLYN MCNAMARA - PRESENTED BY PAUL LEVESQUE**



## BRAGS

### NOR'EAST'S BLACK PANTHER (T'CHALLA)



**T'CHALLA HAD A GREAT WEEKEND OF SHOWING AT THE RECENT SHOWS IN W. SPRINGFIELD . AT 6 1/2 MONTHS OLD THESE WERE HIS FIRST SHOWS. T'CHALLA WON HIS CLASS EACH DAY AND ON FRIDAY TOOK WD AND BOW FOR A 3 POINT MAJOR.**

**I AM OVER THE MOON HAPPY WITH T'CHALLA AND HIS SISTER. BOTH ARE HONEY X DIERKS PUPS AND I AM LOOKING FORWARD TO LOTS OF FUN WITH THEM.**

**LOOK FOR THEM IN THE FUTURITY AND AT THE NATIONAL.**

**BRED AND OWNED BY DIANNE POWERS**



## BRAGS

### NOR'EAST'S 24K MAGIC (MAGGIE)



**MAGGIE HAD A GREAT WEEKEND OF SHOWING AT THE RECENT SHOWS IN W. SPRINGFIELD .**

**SHE WAS 6 1/2 MONTHS OLD AND GOING TO HER FIRST SHOWS.**

**MAGGIE WAS CONSISTENT AND PLACED AS RESERVE WB ALL 4 DAYS.**

**I AM OVER THE MOON HAPPY WITH MAGIC AND HER BROTHER, BOTH HONEY X DIERKS PUPS AND LOOKING FORWARD TO LOTS OF FUN WITH THEM.**

**LOOK FOR THEM IN THE FUTURITY AND AT THE NATIONAL.**



## DAVIDDANE'S FIREQUACKER, RI, TKN



We are very happy with Sparky's emergence from the pandemic. Her first show – Winners.  
Her second and third shows – Reserve.

While at home she earned her rally Novice and Intermediate, as well as Trick Dog, and is currently ranked third Nationally in Virtual Intermediate.

Breeder/Owner Daviddane, Sue Davis Shaw



## GETTING TO KNOW YOU – SUE BLAUE

I remember being a little girl watching Swiss Family Robinson and knowing that I wanted a Duke and Turk of my own someday. Fast forward about 20 years, working at Tufts Small Animal Hospital in Grafton, MA, the Vet Tech brought a Harlequin to the office I was working in and there he was staring down at me through the glass pane. It was there I remembered the feeling; I need one of these magnificent beasts in my life to complete me! I love the breed for their strength, character, gentle nature, their goofiness, elegance and most of all when they look in your eyes it's like they connect with your soul.

Fast forward another five years, living in Vermont, I finally got my first pet Dane from a breeder in South Dakota, Zeus, followed by another companion pet Dane, Bella, from a different breeder locally. Let's just say, we all learn and start somewhere 😊

After lessons learned, I finally found my third pet, Hooch, bred by Micha Wilkinson and Jose Ribo. Micha was also the breeder of my first show dog, CH WRF Mr. Pickles Cause He's a Big Dill CGC. Mr. Pickles is bred by Micha Wilkinson and Brian Wickham and is out of GCH Old Missions As You Like It (Lennox)

x WRF Das Wanderkind Greta Garbo CGC (Greta). When I picked Mr. Pickles, I chose him solely for his temperament and to train him to be a therapy dog to help people. I had never even been to a dog show never mind considered entering one with one of my own dogs, however, Micha had a way of persuading me otherwise and that's where it all began. Mr. Pickles earned his CH at 13 months. Shortly after earning his title, we found out Hooch had a mass around his heart and his abdomen and chest were covered in tumors. We were able to keep him comfortable for another month before letting him go and then only a couple months later had to say goodbye to Bella as well.

Being an only dog wasn't in the cards for Mr. Pickles (now 3 years old) and I decided he needed a girlfriend, so that's when I found him Seven, Eden Forest n Jerdan's Let Fate Decide. Seven was bred by Jose Ribo, Gene Perry and Chris MacMartin and is out of BISS GCHB ArborHills Hunk A Burning Love, CHIC (Elvis) OHRBIS GCHB Jerdan's Magnolia of Eden Forest (Maggie). Seven (now 17 months old) is a spitfire and extremely spirited and sweet like her dad, but we love her to death! Seven is working towards her CH title while teaching me new lessons of patience in and out of the ring.







**PICKLES (ABOVE) SEVEN (BELOW)**



## AWARDS 2020

Despite the pandemic, Great Dane Club of New England members managed to rack up some impressive wins. We were unable to have our awards ceremony this year to present our plaques in person, but we are very proud of Tami and Karen for these impressive achievements that appear below.

### NEW CHAMPION

#### **MBISS GCH COMIC NOBONZ I'LL LEAVE YOU STARRY EYE'D, AOM**

ILAH... FINISHED HER CHAMPIONSHIP IN JUNE 2020 AT THE OHIO SPECIALTIES, WINNING BACK TO BACK 5PT MAJORS THEN THE NEXT DAY WINNING BEST IN SPECIALTY SHOW WITH AN ENTRY OF 75 AT ONLY 11 MONTHS OLD!

SHE IS NOW A MULTIPLE SPECIALTY WINNER.

### NEW CHAMPION

#### **BIS MBISS GCHS COSMIC NOBONZ NEW KID IN TOWN, AOM**

MAX... FINISHED HIS CHAMPIONSHIP IN NOVEMBER OF 2020 WINNING 4 BACK TO BACK MAJORS.

HE WON A BEST IN SHOW THE DAY BEFORE HIS 2ND BIRTHDAY ON JULY 3RD.

HE IS NOW A MULTIPLE SPECIALTY AND WORKING GROUP WINNER!!

### TOP PRODUCER

#### **MBISS GCHB COSMIC JV NOBONZ STEALING THE STARLIGHT., GDCA AOM**

ROMA...OUR AMAZING GIRL, CONTINUES TO MAKE US PROUD! HER ONE AND ONLY LITTER, BORN ON THE 4TH OF JULY, PRODUCED, MAX, ILAH AND MIA!

THERE WILL NEVER BE ANOTHER GIRL LIKE HER!!!

All Bred and Owned  
by Tami Bradford and  
Karen Pacino





# THERAPEUTIC TOUCH

BY BETTY LEWIS

Have you ever been curious about what is called "energy healing?" There are probably hundreds of different energy healing modalities. The two below are the ones I know best.

The only way to understand how energy healing works or feels are to try it for yourself. I hope you'll do that if the opportunity arises.

## Therapeutic Touch: Healing at Your Fingertips

Of the several healing modalities I use, Therapeutic Touch is quite possibly my favorite. In my opinion, it is easy to learn, always present, and amazingly versatile. I can do it on myself, on humans, and animals, in person or long distance. It only takes a few minutes and the feedback I receive from people where I've used it on them personally or their animals has been highly positive.

In addition, it appeals to the scientific part of my mind because one of the founders, Dolores Krieger, RN Ph.D., Professor Emerita at NYU, was the head of the School of Nursing at the time it was developed. Therefore, it became the topic used by many PhD nursing students for their dissertations, and is one of the most studied 'alternative' modalities of all time.

I studied TT in several ways, starting with Dolores Krieger's book, *The Therapeutic Touch*, then in a support group at a local hospital, and finally at Pumpkin Hollow, a retreat center dedicated to TT in Craryville, NY. <https://therapeutictouch.org>

In their own words, "The practice is based on the assumptions that human beings are complex fields of energy, and that the ability to enhance healing in another is a natural potential.

"Therapeutic Touch (TT) is used to balance and promote the flow of human energy... This research has shown that TT is useful in reducing pain, improving wound healing, aiding relaxation, and easing the dying process. It can be learned by anyone with a sincere interest and motivation towards helping others."

I find this technique to be special because the Touch is done in the energy field without actually touching the

individual. This is so helpful in animals such as cats, or pet birds, who don't necessarily want to be touched by strangers, or wild animals where it's not possible to get close at all. It works equally well when geographically present or hundreds of miles away.

To learn more, in addition to Dr. Krieger's book mentioned above, here are two more:

*Therapeutic Touch, A Practical Guide* by Janet Macrae  
*The Light Touch* by Judie Chiappone, RN, LMT

## Reiki: Healing at Your Fingertips

All energy healing techniques from aura to zen and many in between use the same "stuff". That stuff is energy, called by various names in different languages or modalities. For example, in English, it's just 'energy'. In the practice of homeopathy (see future newsletter) it's 'vital force'. In traditional Chinese, in the study of Traditional Chinese Medicine (TCM) it's qi. People studying Ayurvedic medicine talk about 'prana'. And, in Japanese, where Dr. Mikao Usui developed Reiki, it is 'ki'. The word "Reiki" literally means 'universal life force energy.'



Like TT, Reiki involves channeling the ki from the universe and directing it to the target through the hands. The woman from whom I learned Reiki simplifies this by saying, "Hands on, Reiki's on; hands off Reiki's off." This is true at the very most basic level and reminds us that this healing capacity is available to us all the time, literally at our fingertips.

However, like TT, at more advanced levels, Reiki can be done in the energy field (not actually touching the physical body,) and even long distance.

Reiki is not taught in the usual sense, but is transferred to the student during a Reiki class, passed on during an "attunement" given by a Reiki master.

Each Reiki healing treatment is unique and each individual will have a different experience during a treatment. Some feel the energy in the sensations of heat or tingling. Some feel nothing, but the energy is working even though we

may not be aware of it.

Reiki promotes deep relaxation and releases blockages within the physical, mental, emotional bodies and when this happens, the body is in a place where it can heal itself.

To learn about Reiki, books, DVDs and articles on the 'Net abound. Here are a few book resources:

*Essential Reiki* by Diane Stein

*Living Reiki, Takata's Teachings* by Fran Brown

*Reiki The Healing Touch* by William Rand

*The Reiki Handbook* by Larry Arnold and Sandy Nevius

*Reiki : Universal Life Energy* by Bodo Baginski and Shalila Sharamon

To become attuned to practice Reiki, you'll need a Reiki Master. Probably the best resource to find someone near you will be your local health food store.

The techniques and rituals around each of the energy healing modalities differ, but the source of the energy is unchanging. I find that I use pieces of all of the ones I know, and create something different for each situation. I hope you'll take the chance to experience each or all of these when they are presented to you.



## **CBD OIL FOR DOGS: WHAT YOU NEED TO KNOW**

**BY: DANA SCOTT**

**SUBMITTED BY SUSAN SHAW**

February 23, 2021

I've got good news and bad news about CBD oil for dogs ...

The good news is that it can help with many of your dog's health issues from allergies to cancer. The bad news is

that the CBD industry for pets is still unregulated. That means the majority of pet owners might be getting ripped off.

So today I want to talk about all the good things CBD oil can do for your dogs. Then I'll show you how to find the best product for your dog and talk about how to give it.

*"My 11-year-old Puggle was on death's door. She was diagnosed with a large tumor wrapped around her spleen... we decided to try CBD oil ... two months later she is doing amazingly well!"* - Kim F, Dogs Naturally Customer

### How Does CBD Oil Work?

There's a messenger system in your dog's body called the endocannabinoid system. It helps regulate sleep, appetite, pain, the immune system and more. CBD impacts the activity of the messengers in this system and stimulates the nervous, digestive and immune systems, as well as the brain. And it can do this because the endocannabinoids in CBD are very similar to the ones found in your dog's body.

That's why the benefits of CBD can be deep and significant. And why CBD oil is the fastest-growing healthy plant in the world!

### Six Ways CBD Oil Can Help Your Dog

Let's take a look at common conditions where CBD can help dogs. And after I'll talk about which CBD oil you should buy and general dosing information.

#### 1. Dogs With Joint Problems

If your dog has joint pain, your vet might prescribe NSAIDs or other pain meds like Gabapentin. But NSAIDs can cause deterioration in joints and soft tissues ... and they can damage your dog's liver. Gabapentin can also cause kidney damage. Plus, it's not all that effective.

CBD is a natural anti-inflammatory that doesn't carry the same risk of side effects as drugs. It works by binding to CB1 receptors in the brain. These receptors stimulate the immune system to reduce inflammation. CB1 receptors also change the way the brain responds to pain.

CBD also binds to CB2 receptors found in the nervous and immune systems. When this happens, the body may produce more cannabinoids naturally. This helps reduce inflammation even more and reduce the pain associated with it.

In fact, researchers at Cornell University found that dogs taking CBD for arthritis were more active and showed a decrease in pain.



Some of the common uses for CBD as an anti-inflammatory for joint problems in dogs include: Arthritis, Hip and elbow dysplasia, Sprains and strains, Torn ligaments (CCL)

## 2. Dogs With Cancer

Sadly, 50% of adult dogs will get cancer. Cancer is a massive health challenge for dogs, especially if they undergo chemotherapy or radiation.

Cancer researchers are always looking for new ways to treat cancer and release the pain and nausea that can go with it. And CBD has been extensively researched as a cancer-fighting substance.

A study in mice showed that CBD slowed the growth of mammary cancer cells. And in 2018, researchers found that CBD increased survival time in mice with pancreatic cancer. Other animal studies show CBD oil has cancer-fighting abilities and can slow the growth of tumors.

In another study, cancer cells became more sensitive to treatment with CBD. That means CBD can increase the effectiveness of conventional cancer treatments.

CBD also kills cancer cells by blocking their ability to produce energy. And it can stimulate the immune system to produce killer cells that cause death in cancer cells.

Researchers also found that CBD blocks a cannabinoid receptor called GPR55. This is important because GPR55 increased the growth rate of cancer cells in mice.

CBD oil can also help with nausea associated with many cancer treatments. And studies have shown CBD can significantly reduce cancer-related pain.

## 3. Dogs With Seizures And Epilepsy

It's estimated that about 5% of dogs suffer from seizures. They can be terrifying for both dogs and their humans ... and they can cause anxiety.

Most vets treat epilepsy and seizures with antiepileptic drugs. Common options are phenobarbital or potassium bromide. But these drugs are extremely harmful to your dog's liver and other organs. And even if the drugs don't cause unmanageable side effects, they don't always work. So researchers at Colorado State University got excited when they studied CBD as a treatment for epilepsy in dogs. A whopping 89% of dogs that received the CBD had a reduction in seizures.

In human trials, CBD even worked in patients with drug-resistant epilepsy. In one study, 7 out of 8 patients saw a marked improvement within 4 to 5 months.

CBD reduces the frequency and severity of seizures because of how it interacts with the endocannabinoid system. It's believed that abnormal electric charges of the neurons in the nervous system cause seizures. But CBD can bind to receptors in the brain ... researchers speculate this can improve the functioning of the nervous system.

## 4. Dogs With Anxiety

Anxiety is a common reason dog owners turn to CBD. Anxiety can appear in different forms, including: Noise phobia, Separation anxiety, Aggression, Fear.

Of course, there are anti-anxiety drugs available ... but CBD is being studied for anxiety because it doesn't carry dangerous side effects.

Most human users of CBD take it for pain, anxiety and depression. Over a third of these users report that CBD worked "very well by itself." CBD has even helped manage anxiety and insomnia in children with post-traumatic stress disorder (PTSD). And animal studies show its antidepressant effects aren't just for humans.

CBD can work quickly if given directly by mouth when your dog gets stressed. It usually only takes 5 to 20 minutes to work. But, CBD appears to be most beneficial for anxiety when given over a period of time. So if your dog is prone to stress, a daily dose might be best.

A 2012 study looked at stress in rats exposed to cats. The rats given repeated doses of CBD had less anxiety than those given a single dose.

Researchers aren't certain how CBD relieves stress and anxiety, but it's thought that it can help regulate serotonin. Serotonin is a hormone that regulates mood, social behavior, digestion, sleep and appetite.

RELATED: [Learn more about CBD oil for anxiety ...](#)

## 5. Dogs In Pain

Probably the most promising research on CBD is that done on pain. From nerve pain to arthritis, it works well ... without the harmful side effects of pain medications.

CBD binds to both CB1 and CB2 receptors in the brain and nervous system and this helps change the way your dog's brain perceives pain. Plus, CBD can help manage the other symptoms that accompany pain, such as sleeplessness and nausea.

CBD can also help manage acute pain from injuries.

## 6. Dogs With Allergies

Allergies and skin conditions are on the rise in dogs. And they're difficult to treat.

The endocannabinoid system is also found in the skin ... and that's good news for dogs with allergies. It means CBD can help relieve dry and itchy skin. And it can promote the growth of new healthy skin cells.

You can give CBD internally for allergies, or use it externally for hot spots or interdigital cysts.

Now that you know a bit more about WHY you would give your dog CBD oil to your dog, let's about HOW to choose a good quality product.

#### How To Choose The Best CBD Oil For Your Dog

CBD (Cannabidiol) is a naturally found substance in cannabis and hemp. Both deliver amazing health benefits ... but there are differences.

Cannabis (marijuana) contains a relatively large amount of THC (tetrahydrocannabinol). THC is what causes the psychoactive activities of cannabis. It's why marijuana can give a "high" or "buzz."

Hemp contains much lower amounts of THC. To sell hemp legally, it must contain less than 0.3% THC. So while your dog can still enjoy the calmness and reduction in anxiety that CBD provides, he won't get high. And that's important ... because you might enjoy the high, but your dog definitely doesn't!

Your dog will also get the same pain-relieving and immune-supporting benefits from hemp CBD.

But not all hemp products are the same ...

1. Look For A Full Or Broad Spectrum Hemp  
Check the label of your CBD product to make sure it's full spectrum or broad spectrum.

This means your dog's CBD oil contains not just CBD, but other important cannabinoids that occur naturally in full-spectrum hemp. This includes CBC (Cannabichromene) and CBG (Cannabigerol).

Researchers have looked at CBC for its Cancer-fighting activities, Ability to block pain and inflammation, Positive effect on brain cells.

CBG is also studied for its medicinal use. It can decrease inflammation in the digestive tract and it can protect nerve cells and the eyes. It also supports healthy bladder function and fights cancer cells.



A full-spectrum CBD will also contain terpenes such as limonene, alpha-pinene, and beta-pinene. These are also naturally occurring medicinal substances found in all hemp.

Together, cannabinoids and terpenes create the *entourage effect*. This happens when compounds in hemp oil work synergistically to boost the medicinal properties of hemp oil.

CBD extracted with CO2 (I'll talk about this in a moment) pulverizes the terpenes. This will make them hard to detect in testing and they won't show up on the Certificate of analysis ... but they'll still be there and will contribute to the CBD oil's

medicinal effects.

CBD extracted with solvents will better preserve the terpenes. So you will find them noted on the Certificate Of Analysis.

But I don't recommend solvent extracted products, which leads me to my next point ...

2. Make Sure Your Dog's CBD Uses CO2 Extraction  
There are two common ways to extract the CBD oil from the hemp plant:



## CO2 Extraction

As you've probably guessed, CO2 extraction uses carbon dioxide to extract oil from the plant. Using a high-pressure chamber, CO2 puts pressure on the hemp. This breaks down the hemp and releases the oil.

This method of extraction creates oils with a higher concentration of CBD. That means your dog will get more from his supplement. Of course, that also makes the product more expensive ... but it's better than the alternative.

## Solvent Extraction

The cheapest way to extract oil from the hemp plant is with solvents, such as Propane, Butane, Petroleum products. But residue from these solvents will be in the product and they can be toxic to your dog.

Some CBD extraction uses natural solvents, such as ethanol or olive oil. This is much safer for your dog but these oils can destroy the hemp plant's waxes and the resulting oil isn't as beneficial.

### 3. Look For A Certificate Of Analysis

If your dog's CBD oil doesn't have a certificate of analysis (COA), run away!

A certificate of analysis is a document that shows the amount and type of cannabinoids in the CBD product. And it usually comes from a third-party laboratory, COAs protect your dog from poor quality products and the manufacturer should have one for each batch of hemp. If there isn't a COA on the company's website, you'll want to ask for one before you buy any CBD oil.

When looking at the COA, there are 5 important things to look for.

#### CBD Is The Same As Advertised

This is more common than you would think ... in fact, we were once tricked by this!

What you might see is something like "500 mg CBD" on the product label. But don't take the label at face value! Make sure the COA says the same amount as the label does.

Some lab tests express the CBD content in mg/g. So to calculate the amount of CBD, you need to know how many grams are in the bottle of CBD.

For example, let's say the COA shows 16.9 mg/g CBD. To calculate how much CBD is in the product, multiply the number of mg/g by the number of grams the bottle weighs. (A typical 1-ounce dropper bottle of CBD will weigh 30 grams.) This will give you the total mg of CBD in

the bottle. In this example, it's 507 mg (16.9 mg/g x 30 gram bottle).

#### CBD Is Really Full Spectrum

Again, never take the label at face value! Some CBD is from isolate, which means it won't have other important cannabinoids and terpenes.

Remember the entourage effect? You won't get this extra boost with CBD isolate. So how do you find out if your dog's CBD is from isolate? The COA will show that the product only contains CBD and no other cannabinoids. Stay away from these products.

#### There's Not Too Much (Or Too Little) THC

If your dog's CBD contains more than 0.03% THC, it's probably marijuana and not hemp. It's not legal and your dog won't enjoy the psychoactive effects.

You also want to avoid products with NO THC. If there's none, then your dog's CBD is from isolate ... and the health benefits will be fewer.

#### A Third-Party Did The Tests

Once again, never take the manufacturer's word that the product is of high quality. Make sure the product was properly tested by a third party lab. Unfortunately, the CBD industry isn't regulated, which leaves you vulnerable to poor products.

#### There's No Contaminants

You need to know where and how the hemp that's used to make the CBD oil is grown. This plays a huge role in those test results you see in the COA.

Always look for an organic product to reduce any environmental toxin risks. You want to know that the soil and water it's grown in is as clean as possible. That's because hemp plants are really good sponges and can absorb contaminants as they grow. And it's why heavy metal toxicity can be a concern when looking at CBD oils.

So be sure that you check the COA for any contaminants such as pesticides, heavy metals and solvent residues.

RELATED: Are CBD dog treats worth the money?

#### Cost Shouldn't Be A Priority

It can be hard to compare products and some people give up and look at costs only ...

... but this is not the best approach!

You want a high-quality and safe product for your dog. Extracting CBD from hemp requires a lot of plant material as well as careful monitoring.

If the product you're considering has a price that's significantly lower than the competition, there's probably a reason for that ...

But the most expensive doesn't mean it's the best CBD oil for dogs ...

Instead, consider what we've reviewed ...

- How was the CBD oil extracted? (CO2 is best.)
- Is the CBD concentration different than advertised? (CBD on COA should match the bottle.)
- Is it full-spectrum? (The product should have other cannabinoids, not just CBD.)
- Is the THC content worrisome? (THC should be less than 0.3% but higher than 0%.)
- Is it organic? (Hemp is a sponge for contaminants.)

Was it third party tested? (If you can't find a COA online, ask the manufacturer for one.)

These variables are what you need to look for when determining the quality of a product. The cost is never a sure sign of a product's quality.

#### Side Effects Of CBD Oil For Dogs

The American Holistic Veterinary Medical Association surveyed dog owners. They wanted to see what, if any, side effects they noticed. And the great news is that there weren't any major effects reported.

The most consistent side effects noticed were: Sedation 19%, Overactive appetite 5%, Lack of energy 4%, Panic reactions 2.7%, Dry mouth/excessive drinking 2.3% , Nausea 1.7%, Vomiting 1.7%, Increased seizures 0.69, Impaired mental functioning 0.68% .

This means the most likely side effect you may see is that your dog gets sleepy. And that isn't a bad thing. Especially if your dog suffers from seizures, anxiety, or has any pain, and you'd like to give CBD oil a try ...

... but some CBD oils will have other additives and may not be safe.

#### Caution With CBD Oil Additives

You want to be sure there are no chemical additives or preservatives in the product you buy. These will cancel out the health benefits, even if the hemp is grown organically.

Also be aware of companies who have added essential oils

(EOs) to their CBD oil. Even if they say, "natural", EOs can affect animals profoundly.

If your holistic vet has recommended using a CBD oil with an EO, then follow their dosing recommendations. They'll know what's best for your dog's unique health needs.

Some will recommend using CBD with frankincense as it's good for tumor reduction in cancer patients. But always check with your holistic vet or herbalist first.

#### Dogs Taking Other Medications Or Supplements

If your dog is taking any other medications or supplements you will want to check with your holistic vet as well. CBD oil has many health benefits but it can change how your dog is able to metabolize some medications or supplements.

Researchers have looked at how CBD oil changes metabolism in humans. It can be similar to grapefruit, which causes significant reactions. So if your dog is taking any of the following medications you'll need to ask your vet about dose changes: Steroids, Allergy medications, Liver or kidney medications, NSAIDs, Heart medications, Anxiety medications.

Hopefully, your holistic vet has helped you find alternatives to the medications above. But even then ... CBD can affect herbs and natural supplements.

This doesn't mean you can't give your CBD oil if he uses other supplements or medications. You may just need to make adjustments. CBD changes the metabolism of other things but sometimes for the better! Meaning you can use less of another product or skip on the medications altogether. And less is often more.

#### CBD Dosage For Dogs

Each bottle of CBD has a specific concentration expressed in milligrams (mg). Most dogs are okay with the taste, so you can just put it on your dog's food.

Dr. Robert Silver recommends giving your dog 0.05 to 0.25 mg/pound of body weight, twice daily. He also suggests starting with a lower dose and working your way up. If 0.05 mg/pound is enough, stay at that dose. There's no need to increase unless the lower dose stops working. If that happens, increase the dose to 0.125 mg/pound, twice daily and only continue to increase if your dog needs it.

For anxiety or health prevention, you'll usually find that the lower doses work well. But if your dog is dealing with pain or immune issues, you'll probably need a larger amount.

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BISS Ch. Maitau N Cosmic Better By Design

## **GDCNE 'S JUDGES**

### **A CONVERSATION WITH PAT CIAMPA**

#### **How did you get started in dogs in the first place?**

I grew up with a 150lb St. Bernard male who walked me to and from elementary school everyday, no leash as that was then and this is now. I already had a Standard Poodle I was working in obedience when my husband decided he wanted a dog to join us at class.

### **What made you choose Great Danes?**

We decided on a Great Dane; big, friendly, striking and a short coat. So fortunately for us, a young couple had to sell one of their two dogs as they were struggling to financially provide for both of them. They decided to sell their Dane as their Shepherd would not adjust easily. So, Maitau Von Raben Schwartz, at a year old, said goodbye to her young owners, the Shepherd and a monkey she loved to join our family. Mya was sired by Ch . Dinro's Yogi Bear and we had no idea how lucky we were to start with a well bred healthy Great Dane.

### **How did you transition from a love affair with Danes to showing and breeding and/or handling Danes?**

My husband turned her over to me for obedience trials at local shows. I enjoyed competing and titled her and many of the dogs who came after her. Being at shows and watching the Danes compete I decided to give conformation a try. I could not show Mya as she had lost part of her tail to a car door. We did breed her twice and she was the start of Maitau Danes, rightfully named after her.

### **Who were your mentors and people who influenced your breeding program?**

In my harlequins I loved and bred to several BMW dogs and enjoyed learning from Laura Kiaulenas. In fawns and brindles, I enjoyed the Murlo and Dinro dogs and a brindle favorite of mine was Ch . Rojon the Hustler. Even when I just had Harls, I always watched all the dogs and colors at shows. A good Dane is just that; no matter the color.

### **What made you decide you wanted to become a judge?**

I decided to become a judge after watching far too many common dogs that lacked breed type being awarded points in the ring. I felt some of the Judges were just going through the motions without truly studying the breed. We all know a mixed breed can be sound moving, but we are looking for breed type that makes a dog a Great Dane.

### **What do you look for in the ring?**

I only judge Great Danes as I am confident in my decisions. When I'm judging I want to see type, balance and correct movement.

### **What has been your most exciting assignment and why?**

I have been honored by my peers to judge three times at our National Specialty and to be a judge at the Top Twenty. Twice I judged bitches and the greatest honor was to judge Best of Breed. Judging BOB was amazing. To see my final cut in the ring and the quality before me; knowing our breed was in good shape was one of the best moments ever.

### **What excites you the most when judging?**

I am most excited to have quality dogs shown under me making my decision extremely difficult.

### **What is your biggest pet peeve when judging?**

Some of my pet peeves when I judge include dirty dogs, long nails or yellow teeth that are in need of a cleaning. As a Breeder Judge, breed



type should be first and foremost. Also I am aware of the problems in our breed and those that are the hardest to breed out.

**Do you have certain philosophies that you maintain as a judge?**

Yes, be patient, give people a chance to stack their dog before you are on them. Give everyone the same examination and watch every dog move, good or bad.

**What do you say to exhibitors who feel that judges are political?**

Some are, most are not, but keep a written record of those you think judged unfairly and don't give them another entry.

**Do professional handlers make any difference to your decisions/choices in the ring?**

They present the dogs they show pretty much to perfection and can in some instances hide faults that a novice couldn't do. It certainly helps to see a beautiful outline and movement at a correct speed, but that being said the best dog should win.

**What do you say to exhibitors that feel that show selections are pre-determined or highly influenced?**

We often win when we think we have no chance that day, so as they say you can't win if you don't enter!



Pat, Helen Cross and Tiffany Cross with Trace (BISS Maitau N Cosmic Better By Design)

**What do you say to exhibitors who are walking away from showing because they feel there are too many politics involved?**

As stated before there are politics involved, it is your choice which judges to enter under. If enough people withhold entries from political assignments they will not be hired to judge. If showing dogs is something you really want to do, don't let an occasional questionable judge take away something you enjoy.

**What advise do you have for the folks just starting to show?**

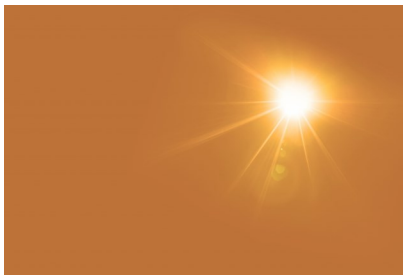
Have a mentor, listen, watch, learn and ask questions. Watch the entire entry at shows not just your class or your color. Have your dog trained and groomed and join a breed club.

**What advise do you have for new judges or those thinking of applying to judge?**

Do your homework, know the breed inside and out. Most exhibitors are great, but occasionally you will get the look or the ribbon burn as the third or fourth place ribbon is pulled from your hand. Smile you must remember to smile, LOL.

**When you leave a judging assignment, what is it that you hope you have left behind?**

I hope at the end of the assignment people can see that I awarded quality dogs, gave everyone and their dog the same evaluation and respect and truly enjoy sharing my assessment on that given day.



**SUNSHINE**

Our best wishes go out to Mary Lange's husband as he recovers from a recent illness.

**Free Armband Raffle**  
Sponsored by the  
GDCA Charitable Trust

42 29 103

At the end of each day!!  
Drop your armband  
at the  
Charitable Trust  
Table and ...

We will pull one armband each day and the winner will receive a Health Certificate good for \$500 in health testing. One will be awarded each day of the Futurity, each day of Conformation Judging and for Agility, Obedience and Rally, for a total of 8 Health Certificates.



Dear Cropped and Docked Parent Club

Members:

The Doberman Pinscher Club of America has a Cropped/Docked Externship program available to Graduate Licensed Veterinarians and to Veterinary Students. Please find attached applications.

There is also a \$1000 grant available to approved applicants to offset personal expenses. Please also see the list of Veterinarians offering this clinical training gratis through this DPCA program. This program will be on the DPCA website in the near future.

Please share this program and please do network this program to ensure future access to legal cropping and docking; with Chairs of Small Animal Theriogenology Depts, with Vet Student Clubs, with interested vets and students, fanciers etc. Please see a brief program overview below:

*"The DPCA offers a grant in support of a one week minimum sabbatical (for licensed vets) or a two-week minimum externship (for 3rd and 4th year veterinary students) to work with veterinarians who perform show quality and breed standard ear crops. Grant recipients will be exposed to the surgical, anesthetic, and analgesic considerations required for this procedure. Safe and state of the art anesthesia and analgesia will be emphasized. Grant recipients will be exposed to needs for good patient after care, healing and posting for final aesthetic outcome. The standard for the Doberman Pinscher breed will be emphasized but other cropped breeds may also be seen as patients to provide as many opportunities to observe the procedure as possible for the grant recipient."*

Thank You, Rebecca Roter

DPCA PEC CoChair 267-733-5211

## **Veterinary Advisory Task Force, DPCA PEC Cropping/Docking Externship/Grant Program**

### **Members Providing Clinical Training:**

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Task Force Head /DPCA Member: Dr. Kay Backues, DVM, DACZM

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Dr. Lexi LaPorte, DVM, DPCA Member, 858-245-9901, lexi.laporte@gmail.com

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Delaware/EST

Dr. Brittany Faison, DVM, DPCA Member, 302-270-1483, faisondvm@yahoo.com



# The DPCA Breed Standard Ear Cropping Veterinary Student Stipend Application.

## Doberman Pinscher Club of America, DPCA

“Dedicated to the preservation of the Doberman Pinscher breed and its standard.”

**Purpose:** To educate and expose veterinary students in their 3-4<sup>th</sup> year to the art of breed standard ear cropping at the highest level of veterinary anesthesia and analgesic care.

**Requirements:** Veterinary student in good standing in their third or fourth year of their veterinary education. Successful candidates must submit completed application, transcripts, and two letters of reference to the DPCA Education Committee’s Veterinary advisory subcommittee.

Application should be submitted at least 90 days before scheduled externship with DPCA member veterinarian who has agreed to provide a clinical rotation at their clinic.

Students will arrange their externship through the VATF and Education Committee of the DPCA.

Contact person(s):

Kay Backues, DVM, [kaybackues@gmail.com](mailto:kaybackues@gmail.com); Gwen Myers, DVM, [thepengwen@hotmail.com](mailto:thepengwen@hotmail.com)

**Description:** A two-week minimum externship opportunity to work with veterinarians who perform show quality and breed standard ear crops. Students will be exposed to the surgical, anesthetic, and analgesic considerations required for this procedure. Safe and state of the art anesthesia and analgesia will be emphasized. Students will be exposed to needs for good patient after care, healing and posting for final aesthetic outcome. The standard for the Doberman Pinscher breed will be emphasized but other breeds may also be seen as patients to provide as many opportunities to observe the procedure as possible for veterinary extern students.





## GETTING TO KNOW YOU —

### JUDI ARSENAULT

Al and I both work at Millstone Point, a nuclear power plant in Waterford, CT. We met here at work and blended our two families together, six children and one greyhound, in August of 2000. One of Al's first questions to me was if I wanted to have more children. Without hesitation I quickly answered "No, but I do want another dog."

I had grown up showing quarter horses and one of the farms had two fawn Danes. I knew back then that I'd have to have a Dane one day and this was my chance. Al also had known Danes as a child and agreed to find the right breeder for our next dog. Midge Leon was the first breeder we met in our area. Midge was happy to teach us about Danes and introduced us to point shows. Through Midge we met many Dane people but after waiting for two different breeding attempts with her girls, we had to find another avenue for a puppy of our own.

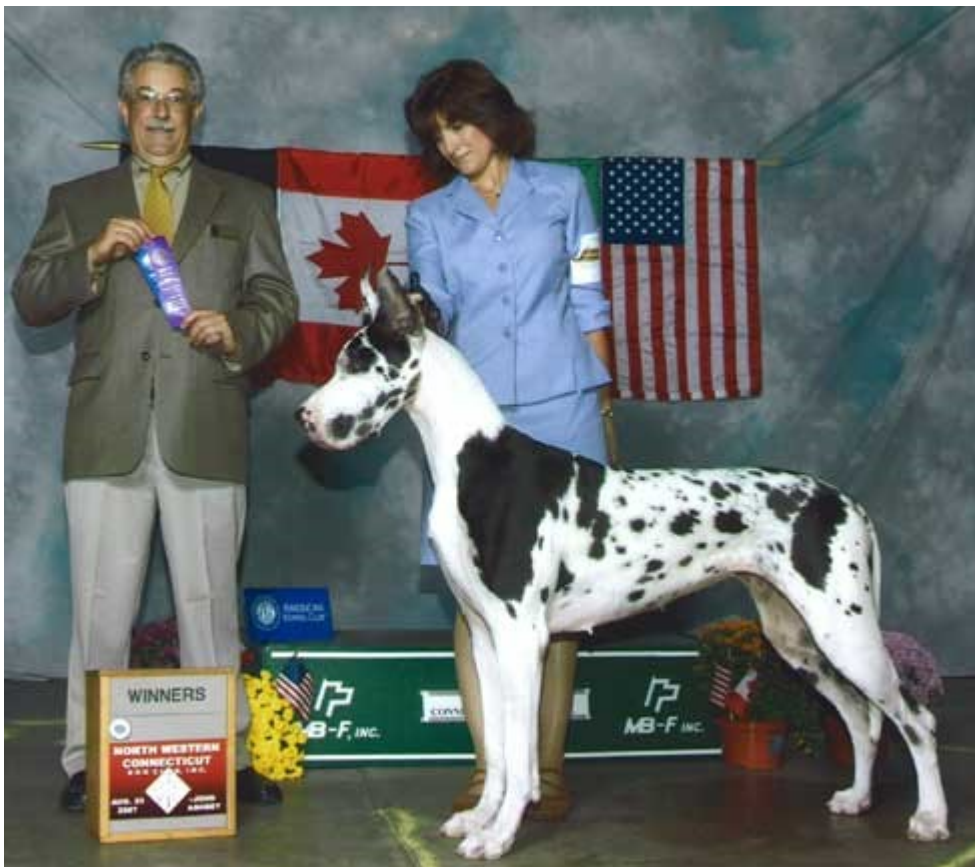
After some time searching, we met a breeder from Texas. She had an older harlequin puppy she was willing to part with and soon, we had our first Dane bitch. Her name was Fanny. Her sire was CH Amherst-Davidane Roadrunner CD CGC, Sue Davis Shaw's boy "Willie". Through Fanny we met Sue, her

husband Dana, and Walter and Maria Perkins. We spent many weekends watching Sue with Willie and Walter with their mantle boy Hamlet in the obedience rings. We were hooked. Off to obedience classes we went with our greyhound and Fanny and soon were trialing in obedience. Al showed Fanny to her CDX and she was very close to achieving her UDX when she was diagnosed with Osteosarcoma.

Our second Dane was a harlequin dog named Michaeldane JB Weekend Warrior CD CGC, "Joe." Joe was to be our first breed dog. He was a shy boy and working with a handler was tough on him. He was the reason I started handling dogs, as working with me was more comfortable for him than going into the ring with someone else. We put a few points on him and Al trained and trialed him to his CD title. He taught us so much about what showing was all about and pushed us to learn more. Joe moved in with Al's mother and lived a happy, long life as her companion.

Knowing that we were in search of a puppy to show,

Fanny's breeder reached out to us and we soon had a show puppy once again. CH Chroma A Kiss for Luck CD CGC "Frenchie" was a compact little show girl who loved the ring. She made showing fun and finished quickly. We had wonderful mentors who walked us through health testing, stud dog hunting and breeding.



Judi and Story

Our first litter was produced when we bred Frenchie to BISS AM/CAN CH Sasdania's The Navigator and produced 9 beautiful puppies. CH Chroma Turn the Page at Granite CD CGC, "Story" was a harl girl we kept from the litter. Story, after her show career, was bred to CAN. CH Von Ferden Paradisio and produced 12 puppies. We had no show marked girls in the litter but the four show boys in the litter were dubbed "the Storybook boys" and we met many dear friends through this litter. From these show



**Judi and Paisley**

boys we've continued on with puppies they have produced: GCH Chroma Saravilla Here for the Party, Nola, was Best Junior in Futurity in 2013 and BISS GCH Chroma Go Your Own Way "Paisley" were two girls we kept in our home to show. In our home currently, we have these two girls along with Nola's son GCH Chromaeast Gangsta of Love CGC "Joker", Paisley's daughter Chromaeast Sing me a Story, "Lyric" and our most recent puppy we have purchased and co-own with our friend Mandy Shepherd,

Windycity Secret's Out at Owl Ridge, "Echo".

Because this is a "bio" I can't leave out our 6 children... Our oldest Tara finished her degree in science and is currently living in Los Alamos NM with our granddaughter Lacey (13) and grandson Jack (9). Tara is working at the Nuclear facility there in Los Alamos. Our daughter Emily has her PHD in Environmental Sciences and is now teaching at Bates college in ME. She will be getting married next Oct. Our daughter Jessica graduated from Castleton College in VT. She became a teacher and taught there for two years before getting married and having our granddaughter Olivia who just turned a year old. They recently moved to Georgetown TX (outside of Austin) where our son in laws work brought them. Jessica is currently teaching 6<sup>th</sup> grade there. Our son Eric is at Berkley College in San Francisco where he'll receive his PHD in Physical Chemistry next month. Jillian will soon have her Cosmetology license from Paul Mitchell college in Cranston RI. Our youngest Luke will be receiving his PHD from Hunter college in NY in December. We are very proud of all of them!

Al and I joined our all-breed kennel club in 2002. I have been the secretary for 15 years and Al has held many board positions. I am currently their show chair. We are also members of the GDCA as well as the GDCNE and we are very thankful for all the Dane friends we have made throughout the years. We were blessed to have many good mentors! We have continued showing/breeding on our own under the kennel name of Chromaeast and have recently changed that to Owl Ridge. I've enjoyed judging matches and sweeps and one day, when I can't (or don't want to) show our dogs in the show ring, I hope to pursue judging.

**Deadline for next *DaneLine Reimagined*  
Is December 2st**

#### **Disclosure**

**Opinions or statements expressed in *DaneLine Reimagined* are not reflective of the Great Dane Club of New England. Neither the Editor, the Great Dane Club of New England, the Great Dane Club of New England's board of Directors Nor any of their respective affiliates guarantee the accuracy or completeness of any information contained herein.**



**FALL SPECIALTIES**

**FRIDAY, NOVEMBER 26 AND  
SATURDAY, NOVEMBER 27**

**SPECIALTY JUDGES**

**LOUIS BOND  
JANE TREIBER  
JUDITH BROWN  
JANENE BORINI**

**SWEEPS**

**CAMILLE DUROCHER**

**STEWARDS ARE NEEDED.  
PLEASE CONTACT TIFFANY AT  
[CTIFFER2@HOTMAIL.COM](mailto:CTIFFER2@HOTMAIL.COM)  
IF YOU CAN HELP.**

**AS OF THE TIME THIS WENT TO PRESS, MASKS WILL BE  
REQUIRED AND NO SPECTATORS WILL BE ALLOWED.**

**NO RAFFLE THIS YEAR.**



# HVGRC ALL-BREED SUPER HEALTH CLINIC

Sunday October 17, 2021  
8 AM - 4 PM

Mt. Pleasant Hospital for Animals  
119 Mt. Pleasant Rd.  
Newtown, CT 06470

## HIPS/ELBOWS

EYES

HEART

THYROID

MICROCHIP

SNAP 4Dx PANEL

RABIES

WELLNESS BLOOD PANEL

BRUCELLA SCREENING

## QUESTIONS:

Colleen Chieffalo

26 Fairway Drive

Danbury, CT 06811

hvgrchealthclinic@gmail.com

## DIRECTIONS:

Easy off I-84 at exit 9. At end of exit ramp turn towards Newtown. Rte 6 -- indicated by sign.

Go to the traffic lights, turn RIGHT onto Rte 6. 800 yds, see sign for the hospital on left.

Visit our Club website for details on how this clinic will be handled. Owners will not be entering the building with dogs. Safety First! More at: [hvgrc.org](http://hvgrc.org)

## FOR ALL X-RAYS:

All OFA X-rays done without anesthesia unless dog is uncooperative

(Then mild sedation to obtain the best positioning, extra \$45 fee).

No interpretation. Images available via email on request. Does not include OFA fee. All X-rays will be submitted to OFA. You will not be informed of results at the Clinic. The correct OFA Forms MUST be included with your registration.

## HIPS

\$225.00 Mt. Pleasant Hospital for Animals

## ELBOWS

\$150.00 Mt. Pleasant Hospital for Animals

## HIPS & ELBOWS

\$250.00 Mt. Pleasant Hospital for Animals

## PATELLA

\$35.00 Mt. Pleasant Hospital for Animals

**EYES** (See new info on bottom of Registration Form regarding online form needed)

\$50.00 CERF Dr. Shari Greenberg, DVM, DACVO (Ophthalmology)

## HEART

\$45.00 Auscultation \$250 Echocardiogram (Doppler)

Dr. Lauren Wiley, VMD, DACVIM

## THYROID

\$135.00 done by ANTECH Labs. Meets requirements for OFA certification. Results mailed to you in approximately 4-6 weeks.

Antech recommends that the dog be fasted (no food) for at least 8 hours prior to test. OFA recommends not testing during a bitch's estrus cycle. Others recommend waiting 2 weeks after vaccination. (Stamped, self-addressed envelope required for results)

## MICROCHIP

\$40.00 Home Again microchip provides permanent identification.

AKC CAR & Home Again forms provided. Registration Included.

## SNAP 4Dx (Vector-Borne Disease Screening Test)

\$50.00 Immediate Results.

Detects Heartworm, Lyme Disease (*Borrelia burgdorferi*), 2 species of *Anaplasma* (*phagocytophilum* & *platys*) and 2 species of *Ehrlichia* (*canis* and *ewingii*)

## WELLNESS BLOOD PANEL

\$120 Includes Complete Blood Count (CBC), Chemistry Panel to see Organ Function and basic Thyroid T4. Results mailed out in one week.

Bring self-addressed, stamped envelope

## RABIES

\$25 Three-year Rabies vaccination

## BRUCELLA

\$85 Important screening for all breeding dogs. Call hospital in a week for results or bring self-addressed, stamped envelope.



# ARE GREEN BEANS REALLY GOOD FOR DOGS?

SEPTEMBER 24, 2021

WRITTEN BY JULIE UNGER

SUBMITTED BY SUSAN SHAWN

Green beans are a healthy vegetable for humans... but what about for dogs? And what about the famous green bean diet for weight loss that everyone seems to love”

### Are Green Beans Good For Dogs?

Green beans are a healthy, low-calorie vegetable for dogs. In fact, they're even recommended by veterinarians who prefer kibble diets and don't advocate "people food" for dogs!

Green beans are rich in dietary fiber as well as vitamins like vitamin C and A, which both support your dog's immune health. Vitamin A also helps with eye and skin health and is important in bone and teeth formation. Both vitamins A and C have antioxidant properties, so they help control inflammation and slow your dog's aging process.

Green beans are also a good source of minerals, like manganese, magnesium, calcium, potassium, and phosphorus. Manganese is important for wound healing, metabolism, and bone health. Surprisingly, green beans also contain some omega-3 fatty acids.

So they're a good vegetable to add to your dog's diet, whatever you feed him.

### Is The Green Bean Diet Good For Dogs?

It's not a good idea to use the "green bean diet" as a weight loss program for your dog. If your dog's a bit chubby, people may advise you to swap out up part of your dog's food for green beans to help him get to his ideal weight.

The idea is that adding fresh or frozen green beans will keep your dog happy and full, and help him lose weight. So dog owners are swapping out up to half of their dog's normal food for green beans.

Giving your dog green beans *instead* of half his regular food, however, isn't the answer. That won't provide him with a balanced diet. He'll get plenty of fiber content ... but if you remove half his regular diet, he'll miss out on key nutrients his body needs. You don't want to cause your dog a dietary deficiency for the sake of weight loss. You can, however, give your dog green beans as part of a fresh whole food diet.

It's important that your dog is at a healthy weight. Obesity can shorten a dog's lifespan by up to two years. To really help your dog lose weight, give him smaller amounts of his regular diet keep the fat low (10% or less of his total diet), and give him plenty of regular exercise.



And you can keep his overall caloric intake down by using green beans as treats instead of other high-calorie treats. There's more about green beans treats below ...

One cup of raw green beans has only 31 calories, with a nutritional punch – 2.7 grams of fiber and 2 grams of protein.

### How To Feed Green Beans?

First of all, feed fresh or frozen beans, not canned. (Read more about the risks of canned green beans below.) Always buy organic vegetables whenever you can, to avoid pesticides in your dog's food.

You can feed raw green beans, but if you do, it's best to purée them for digestibility. Otherwise steamed is a good option.

If your dog doesn't like eating green beans, mix them thoroughly into his meals along with other foods he loves.

### Cautions With Green Beans

Feed green beans in moderation, especially at first if your dog's not used to a lot of high-fiber veggies. That way you'll avoid causing digestive issues like diarrhea or gas from too much fiber.

Even as a Thanksgiving treat, don't feed green bean casserole. It's usually topped with onions, which are toxic for dogs. And the sauce may also contain dairy products like milk, cream, or cheese, which are indigestible foods for many dogs.

Avoid giving your dog green beans cooked with a lot of spices that could cause digestive issues. And always skip the onions for your dog. Garlic is healthy for dogs in moderation, however, though it's healthiest fed raw.

As suggested earlier, avoid canned green beans. Here's why ...

#### Why Not Canned Green Beans?

Canned green beans typically have a lot of salt, which isn't good for your dog.

Canned food is also risky because most food cans are lined with plastic that contains Bisphenol A (BPA) that can leach into the food and can harm endocrine, neurological, cardiovascular, and reproductive health. An FDA study in 2011 found that canned green beans were contaminated with significant amounts of BPA. So if you do give your dog any canned foods, check the Environmental Working Group's website to find out if your brand uses BPA-free linings. However, there's no research showing alternative can linings are safe either.

#### Green Beans As A Treat

Most dogs love treats and they're a great low-calorie way to reward your dog for good behavior ... or "just because." But some traditional treats have low nutritional value along with too many calories.

Instead of treats with unhealthy ingredients, if your dog loves green beans (some don't!), you can give them cut into bite-sized pieces for a healthy treat. Other fruit and veggies make good snacks for dogs too. Try some of these: Carrots, Apples, Celery, Bananas, Blueberries, Broccoli

All of these fruits and vegetables provide plenty of healthy nutrients and fiber.

#### Incorporating Green Beans

In summary ... some of the best ways to fix green beans for dogs are the simplest:

Add lightly steamed or raw puréed green beans to your dog's food

Sauté green beans with healthy fat like grass-fed ghee and add to food

Offer your dogs a few green beans (raw or steamed) as dog treats. Cut them into small pieces if you're using them as training treats.

Mix green beans into your favorite treat recipe. Freezing puréed or finely chopped beans in an ice cube tray is a refreshing hot weather snack!

Green beans and other vegetables are great to give your dog as a source of nutrition and fiber. A healthy dog is a happy dog ... and yes, dogs **can** eat green beans!

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